

Disco Fun

拍數: 32 牆數: 4 級數: Beginner
編舞者: Carine MISIAK (FR) - October 2010
音樂: I Don't Feel Like Dancin' (Radio Edit) - Scissor Sisters



Alt. music:-

« September » d'Earth, Wind & Fire (Album Greatest Hits)

« Boogie Wonderland » d'Earth, Wind & Fire with the Emotions (Album Greatest Hits)

Introduction: 16 counts

Section 1: (RIGHT SIDE MAMBO , LEFT SIDE MAMBO) TWICE

1&2 Rock right to side , recover on to left, step right next to left
3&4 Rock left to side, recover on to right, step left next to right
5&6 Rock right to side , recover on to left, step right next to left
7&8 Rock left to side, recover on to right, step left next to right

Option :

1,2 step right to side, Tap left next to right
3,4 step left to side, tap left next to left
5,6 step right to side, Tap left next to right
7,8 step left to side, tap left next to left

Section 2: (SIDE, TOGETHER, SIDE , TOUCH WITH SNAP) RIGHT & LEFT SIDE

1,2,3 Step right to side, step left together, step right to side
4 Touch left toe forward and snap (angling boby to 10 :30)
5,6,7 Step left to side, step right together, step right to side
8 Touch right toe forward and snap(angling boby to 01 :30)

Section 3: (ROLLING VINE, CLAP , CLAP)RIGHT & LEFT SIDE

1,2,3 Turn 1/4 right and step right forward (03 :00), turn ¼ right and step left to side (06 :00), turn ½ right. and step right to side (12 :00)
&4 Clap, clap
5,6,7 Turn ¼ left and step left forward (09 :00), turn ¼ left.and step right to side (06 :00), turn ½ left and step left to side (12 :00)
&8 Clap, clap

Section 4: (¼ TURN RIGHT...STEP FORWARD, STEP SIDE)x3, STEP SIDE RIGHT & LEFT

1,2 turn ¼ right.and step right forward ,step left to side (03 :00)

(Balance of arms at the top of right towards the left)

3,4 turn ¼ right and step right forward , step left to side (06 :00)

(Balance of arms at the top of right towards the left)

5,6 turn ¼ right and step right forward , step left to side (09 :00)

(Balance of arms at the top of right towards the left)

If 1 wall :

7,8 turn ¼ right and step right to side , step left to side

(Balance of arms at the top of right towards the left)(12:00)

Option : 1.8 : 8 steps forward on a circle (1 turn to right)

If 4 wall :

7,8 step right to side , step left to side

(Balance of arms at the top of right towards the left)(09 :00)

Tag: 4 counts after wall 11 :

1&2 right side mambo

3&4 left side mambo

If you notice errors, thank you for informing me about it :carine@aimedanser.com

Last Revision - 14th August 2012
