Beer Barrel Polka

拍數: 32   牆數: 4   級數: High Beginner - Polka

編舞者: Karen Tripp (CAN) - January 2012

音樂: Beer Barrel Polka - Mitch Miller : (CD: Mitch Miller, The Gang & Chorus & Orchestra)

Start dancing on lyrics, weight on left, right foot free

Tag: at the end of wall 3 (2 Sandstep Triples), at the end of wall 5 (4 Sandstep Triples), at the end of wall 6 (2 Sandstep Triples)

POINT FWD, POINT SIDE, SAILOR STEP– ALL TWICE
1-2	Point right toe forward, point right toe to the side
3&4	Step right behind left, step left in place, step right beside left
5-6	Repeat steps 1-2 on opposite footwork
7&8	Repeat steps 3&4 on opposite footwork

VINE 2, TRIPLE, CROSS ROCK, RECOVER, SHUFFLE ¼ LEFT
1-2	Step side on right, step left behind right
3&4	Triple step in place: right, left, right
5-6	Cross left over right, recover on right
7&8	Step side on left, close right together, turn ¼ left and step left

(Easier option for counts 5&6: 2-count vine - step side on left, cross right behind left)

FWD ROCK, RECOVER, BACK SHUFFLE, ROCK BACK, RECOVER FWD, FWD SHUFFLE
1-2	Step forward on right, recover back on left
3&4	Shuffle back stepping right, left right
5-6	Rock back on left, recover forward on right
7&8	Shuffle forward stepping left, right, left

LINDY RIGHT & LEFT
1&2	Shuffle right stepping right, left, right
3-4	Rock back on left, recover forward on right
5&6	Shuffle left stepping left, right, left
7-8	Rock back on right, recover forward on left

TAG: SANDSTEP TRIPLE
1-2	Point right toe in towards left foot, turn right heel in towards left foot
3&4	Crossing shuffle (cross right over left, step on left, step right with foot still crossed)
5-6	Repeat steps 1-2 on opposite foot
7&8	Repeat steps 3&4 on opposite foot

WHEN TO DO THE TAGS:-
At end of wall 3 facing 3:00, do 2 Sandstep Triples.
At end of wall 5 facing 9:00, do 4 Sandstep Triples.
At end of wall 6 facing 6:00, do 2 Sandstep Triples.

Last Revision - 18th April 2012