

Josephine

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 4 級數: Improver
編舞者: Adrian Helliker (FR) - January 2012
音樂: Osez Joséphine - Alain Bashung : (Album: Dimanches A L'Elysée - CD2)



Intro: Dance starts after 16 counts of guitar intro (approx 42 secs from start of track)

SECTION 1: LINDI RIGHT, LEFT ROCKING CHAIR

1&2 Step right to right side, close left beside right, step right to right side
3-4 Rock back on left, recover forward onto right
5-6 Rock forward on left, recover onto right
7-8 Rock back on left, recover onto right

SECTION 2: LINDI LEFT, RIGHT ROCKING CHAIR

1&2 Step left to left side, close right beside left, step left to left side
3-4 Rock back on right, recover forward onto left
5-6 Rock forward on right foot, recover onto left
7-8 Rock back on right foot, recover onto left

SECTION 3: KICK BALL POINT X2, RIGHT HEEL GRIND WITH ¼ TURN, BACK, LEFT COASTER STEP

1&2 Kick right forward, right foot beside left, left toe to left side
3&4 Kick left forward, left foot beside right, right toe to right side
5-6& Right heel points inwards, right heel point out to right with ¼ turn to the right stepping back onto right
7&8 Step left back, right beside left, left forward

SECTION 4: RIGHT THEN LEFT SHUFFLE FORWARD X2, SYNCOPATED SCISSOR STEP X2

1&2 Shuffle forward, Right-Left-Right
3&4 Shuffle forward, Left-Right-Left
5&6 Right to right side, left beside right, right cross in front of left
7&8 Left to left side, right beside left, left cross in front of right

Finish after the 9th wall (facing 3:00) - the music slows down towards the end

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