

Jane

拍數: 72 牆數: 2 級數: Improver
編舞者: Sebastiaan Holtland (NL) & Timothy To (CAN) - January 2012
音樂: Jane - Bouke : (Album: Sings Elvis and Other Hits 2009)



16 count intro (08 Sec)

Sec 1: [1-8] Side, Hold, Together, Side, Hold, Together, Side Rock, Recover, Behind, Point.

- 1-2 Step Lf to the left, Hold. (12:00)
- &3-4 Step Rf next to Lf, step Lf to the left, Hold.
- &5-6 Step Rf next Lf, rock Lf to the left, recover on Rf.
- 7-8 Step Lf behind Rf, point Rf out to the right. (12:00)

Sec 2: [9-16] Cross, ¼ R, Back, Back, Hook, Step, ½ L, Back, ¼ L, Side, Hold.

- 1-2 Cross Rf over Lf, turn ¼ right (3) step Lf back.
- 3-4 Step Rf back, hook Lf up across Rf.
- 5-6 Step Lf slightly forward, turn ½ left (9) step Rf back weight onto Rf.
- 7-8 Turn ¼ left (6) step Lf to the left weight onto Lf, Hold. (6:00)

Sec 3: [17-24] Big Side Step, Drag, Back Rock, Recover, Side, Behind, ¼ L, Step, Sweep.

- 1-2 Step Rf big to the right, drag on Lf. (6)
- 3-4 Cross Rock Lf back, recover on Rf.
- 5-6 Step Lf to the left, step Rf behind Lf.
- 7-8 Turn ¼ left (3) step Lf slightly forward, sweep Rf from back to front weight onto Lf.

Sec 4: [25-32] Cross, ¼ R, Back, ¼ R, Side, Hold, Hip Bumps L-R-L-R.

- 1-2 Cross Rf over Lf, turn ¼ right (6) step Lf back weight onto Lf.
- 3-4 Turn ¼ right (9) step Rf to the right, Hold.
- 5-8 Step Lf slightly to the left bump L hip to left, bump R hip to right, bump L hip to left, bump R hip to right weight onto Rf (9)

Sec 5: [33-40] Side, Together, ¼ L, Scuff, R Jazz Box, Hold

- 1-2 Step Lf to the left, step Rf next to Lf weight onto Rf. (9:00)
- 3-4 Turn ¼ left (6) step Lf forward, scuff Rf forward weight onto Lf.
- 5-6 Cross R over L, step back on L
- 7-8 Step R to R side, Hold

Sec 6: [41-48] Back, Recover, ¼ R, Hold, Back, Recover, ¼ L, Hold

- 1-2 Step Lf back, recover on Rf
- 3-4 ¼ turn right (9) step Lf to Lf side, Hold
- 5-6 Step Rf back, recover on Lf
- 7-8 ¼ turn Lf (6) step back on Rf, Hold

Sec 7: [49-57] Back, Back, Back, Hold, Fwd Recover Fwd, Hold

- 1-2 Step Lf back, Step Rf back
- 3-4 Step Lf back, Hold
- 5-6 Step Rf Forward, recover on Lf
- 7-8 Recover on Rf, Hold

Sec 8: [58-64] Cross, Tap, Recover, 1/2 Turn L, Side Rock, Recover, Cross, Hold

- 1-2 Cross Lf (7.30), Tap Rf toe behind
- 3-4 Recover on Rf, ½ turn on Lf (1.30)
- 5-6 Side rock on Rf (12.00), Recover on Lf

7-8 Cross Rf over Lf, Hold

Sec 9: [65-72] ½ Turn Right, Hold, Full Turn Left, Hold

1-2 ¼ turn right step back on left (3.00), ¼ turn right step fwd on Rf (6.00)

3-4 Step fwd on Lf, Hold

5-6 ½ turn left step back on Rf (12.00), ½ turn left step fwd on Lf (6.00)

7-8 Step fwd on Rf, Hold

Ending : During 5th repetition dance up to count 68 then step R forward, pivot ½ L. Step forward on R, Pose.

Start again and have fun!

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