Hear The Music



編舞者: Irene Tang (HK) - January 2012

音樂: Flashdance...What a Feeling - Irene Cara



Count In: After 16 counts

1 – 2	Step RF to R, touch LF next to RF
3 – 4	Big step LF to L, touch RF next to LF
5 – 6	Step RF to R, step LF to L

7 – 8 Roll hips anti-clockwise in circle, weight ends on LF

SEC 2: ROCKING CHAIR, TOUCH PADDLE TURN X 2

1 – 4	Rock RF fwd, recover on LF, rock LF back, recover on LF
5 – 6	Touch RF fwd, pivot 1/4 L with weight on LF & rolling hips (9:00)
7 – 8	Touch RF fwd, pivot 1/4 L with weight on LF & rolling hips (6:00)

SEC 3: CROSS, POINT, CROSS, POINT, BEHIND, POINT, BEHIND, POINT

1 – 4	Cross RF in front of LF, point LF to L, cross LF in front of RF, point RF to R
5 – 8	Cross RF behind LF, point LF to L, cross LF behind RF, point RF to R

SEC 4: JAZZ BOX CROSS, HIP SWAY X 4

1 – 4	Cross RF in front of LF, step LF back, step RF to R, cross LF in front of RF
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5 – 8 Step RF with hip sway to R, sway hips to L, R, L

Tag: After Wall 2 (facing 12:00), add 8 count:

1 - 8 Hip sway R-L-R-L-R-L

Notes: The speed of the music becomes faster after Section 3 of Wall 2, just follow and dance to the music ;)

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