# Quiet and Silent－or＂Zeit kam zum erliegen．．．＂ 

拍數： 32
㛶數： 4
級數：Beginner
編舞者：Claudia Rückardt（DE）－January 2012
音樂：Still－Jupiter Jones ：（Language of this song is German；＂Still＂means＂silent＂）

## Alternatives： <br> ＂Milky white way＂by Elvis Presley <br> ＂New age＂by Marlon Roudette

For all the people missing someone－for hours，months，for ever．Be kind to your tears，one day they will comfort you．

Intro：（on words „so still．．．＂－＂so silent．．．＂）（Not for alternative songs）
［1－2］Sway right and left
1 Small step to right side with Right and move hips to the right，
2 small step to the left side with Left and move hips to the left

Dance：（on words „dass jeder wußte．．．＂－＂that everybody knows．．．＂）
［1－8］Side shuffle right，sway $L$ and $R$ ，side shuffle left，sway $R$ and $L$
1\＆2 Step side right with Right，close Left to Right，step side right with Right，
3，4 sway left and right，
5\＆6 Step side left with Left，close Right to Left，step side left with Left，
7，8 sway right and left，
［9－16］Side，close， $1 / 4$ turn left，side，close， $1 / 4$ turn left，side draw，full turn left
9\＆10 Step side right with Right，close Left to Right，step side right with Right \＆ $1 / 4$ turn left（weight on Right）（9：00）
11\＆12 Step side left with Left，close Right to Left，step side left with Left \＆ $1 / 4$ turn left（weight on Left）（6：00）
13，14 step side right with Right，draw Left to Right，
$15,16 \quad$ full turn left（step side left with Left \＆ $1 / 2$ turn left，step side left with Right \＆ $1 / 2$ turn left）（6：00）
［17－24］Side shuffle left，rock cross，recover，side，cross，side，behind
17\＆18 Step side left with Left，close Right to Left，step side left with Left，
19，20 cross Right in front Left，recover Left，
21－24 side right with Right，cross Left in front Right，side right with Right，cross Left behind Right
［25－32］Side touches，back \＆ $1 / 4$ turn left，touch，forward，touch
25－28 Step side right with Right and touch Left to Right，step side left with Left and touch Right to Left，
29，30 step back Right \＆ $1 / 4$ turn left（weight on Right），touch Left to Right（3：00），
31，32 step forward Left，touch Right to Left
End：Go through dance 9 times，then do counts 1－22 and stand „still＂（facing 12：00）（Alternative songs：turn to face 12：00）

Contact－E－Mail：LD4life＠gmx．de
Let＇s dance \＆be happy
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