

Quiet and Silent - or "Zeit kam zum erliegen..."

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Claudia Rückardt (DE) - January 2012
音樂: Still - Jupiter Jones : (Language of this song is German; "Still" means "silent")



Alternatives:

"Milky white way" by Elvis Presley

"New age" by Marlon Roudette

For all the people missing someone-for hours, months, for ever. Be kind to your tears, one day they will comfort you.

Intro: (on words „so still...“-“so silent...”) (Not for alternative songs)

[1-2] Sway right and left

- 1 Small step to right side with Right and move hips to the right,
- 2 small step to the left side with Left and move hips to the left

Dance: (on words „dass jeder wußte...“-“that everybody knows...“)

[1-8] Side shuffle right, sway L and R, side shuffle left, sway R and L

- 1&2 Step side right with Right, close Left to Right, step side right with Right,
- 3,4 sway left and right,
- 5&6 Step side left with Left, close Right to Left, step side left with Left,
- 7,8 sway right and left,

[9-16] Side, close, ¼ turn left, side, close, ¼ turn left, side draw, full turn left

- 9&10 Step side right with Right, close Left to Right, step side right with Right & ¼ turn left (weight on Right) (9:00)
- 11&12 Step side left with Left, close Right to Left, step side left with Left & ¼ turn left (weight on Left) (6:00)
- 13,14 step side right with Right, draw Left to Right,
- 15,16 full turn left (step side left with Left & ½ turn left, step side left with Right & ½ turn left) (6:00)

[17-24] Side shuffle left, rock cross, recover, side, cross, side, behind

- 17&18 Step side left with Left, close Right to Left, step side left with Left,
- 19,20 cross Right in front Left, recover Left,
- 21-24 side right with Right, cross Left in front Right, side right with Right, cross Left behind Right

[25-32] Side touches, back & ¼ turn left, touch, forward, touch

- 25-28 Step side right with Right and touch Left to Right, step side left with Left and touch Right to Left,
- 29,30 step back Right & ¼ turn left (weight on Right), touch Left to Right (3:00),
- 31,32 step forward Left, touch Right to Left

End: Go through dance 9 times, then do counts 1-22 and stand „still“ (facing 12:00) (Alternative songs: turn to face 12:00)

Contact - E-Mail: LD4life@gmx.de

Let's dance & be happy

