

Dalida's Danse

拍數: 64 牆數: 4 級數: Improver
編舞者: Adrian Helliker (FR) - January 2012
音樂: Mourir sur scène - Dalida : (Album: 40 succès en or)



Intro: 16 - Style: Pop / Disco

SECTION 1: RIGHT ROCK. RIGHT COASTER STEP. LEFT ROCK. LEFT COASTER STEP.

1-2 Rock forward on right. Recover onto left.
3&4 Step right back. Step left beside right. Step right forward.
5-6 Rock forward on left. Recover onto right.
7&8 Step left back. Step right beside left. Step left forward.

SECTION 2: WALK X3. LEFT TOUCH. BACK X3. RIGHT TOUCH.

1-2 Right walk. Left walk.
3-4 Right walk. Left touch beside right.
5-6 Left back. Right back.
7-8 Left back. Right touch beside left.

SECTION 3: RIGHT ROCK. RIGHT COASTER STEP. LEFT ROCK. LEFT COASTER STEP.

1-2 Rock forward on right. Recover onto left.
3&4 Step right back. Step left beside right. Step right forward.
5-6 Rock forward on left. Recover onto right.
7&8 Step left back. Step right beside left. Step left forward.

SECTION 4: WALK X3. LEFT TOUCH. BACK X3. RIGHT TOUCH.

1-2 Right walk. Left walk.
3-4 Right walk. Left touch beside right.
5-6 Left back. Right back.
7-8 Left back. Right touch beside left.

SECTION 5: OUT. OUT. IN. IN. OUT. OUT. IN. IN.

1-2 Step out left to left side. Step out right to right side.
3-4 Step left back to centre. Touch right beside left.
5-6 Step out left to left side. Step out right to right side.
7-8 Step left back to centre. Touch right beside left.

SECTION 6: RIGHT SCISSOR STEPS. LEFT SCISSOR STEPS.

1-2 Right to right side. Left beside right.
3&4 Right cross in front of left - hold.
5-6 Left to left side. Right beside left.
7&8 Left cross in front of right - hold.

SECTION 7: LINDY RIGHT, ROCK BACK, RECOVER, LINDY LEFT, ROCK BACK, RECOVER.

1&2 Shuffle to the right, R, L, R
3-4 Rock back on left. Recover on right
5&6 Shuffle to the left, L, R, L
7-8 Rock back on right. Recover on left.

SECTION 8: FORWARD TOESTRUTS. JAZZBOX 1/4 TURN RIGHT.

1-2 Touch right toe forward. Step right heel down.
3-4 Touch left toe forward. Step left heel down.

5-6

Cross right foot over left. Step left foot back.

7-8

¼ turn right stepping right to right side. Step left beside right
