

Cats And Dogs

拍數: 54 牆數: 2 級數: Beginner
編舞者: Adrian Helliker (FR) - 2011
音樂: Matchstalk Men and Matchstalk Cats and Dogs - Brian & Michael : (CD: 100
Huge Hits of the 60s & 70s Disc 3)



Intro: 16 counts

[1-6] STEP, LOCK, STEP X2

1-2-3 Step right forward, lock left behind right, step right forward

1-2-3 Step left forward, lock right behind left, left forward

[7-12] SYNCOPATED ROCKING CHAIR X2

1-2-3 Rock right forward, recover onto left, rock right back

1-2-3 Rock left back, recover onto right, rock left forward

[13-18] SLOW COASTER STEP X2

1-2-3 Step right forward, left beside right, right back

1-2-3 Step left back, right beside left, left forward

[19-24] SCISSOR STEP CROSS X2

1-2-3 Step right to right side, left beside right, cross right in front of left

1-2-3 Step left to left side, right beside left, left cross in front of right

[25-30] SIDE, TOGETHER, FORWARD, SIDE, TOGETHER, BACK

1-2-3 Step right foot to the right, step left foot beside right, right foot forward

1-2-3 Step left foot to the left, step right foot beside left, left foot back

[31-36] SIDE, TOGETHER, BACK, SIDE, TOGETHER, FORWARD

1-2-3 Step right foot to the right, step left foot beside right, right foot back

1-2-3 Step left foot to the left, step right foot beside left, left foot forward

[37-42] ¼ TURN, CROSS, SIDE ROCK, CROSS

1-2-3 Step right forward, make ¼ turn left, cross right in front of left

1-2-3 Rock left to left side, recover onto right, cross left in front of right

[43-48] ¼ TURN, CROSS, SIDE ROCK, CROSS,

1-2-3 Step right forward, make ¼ turn left, cross right in front of left

1-2-3 Rock left to left side, recover onto right, cross left in front of right

[49-54] ¼ TURN, STEP, CLAP, x2

1-2-3 Step right forward, pivot turn left, step right forward - clap

1-2-3 Step left forward, pivot turn right, step left forward - clap