

2Lane

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Andrew Palmer (UK) & Sheila Palmer (UK) - November 2011
音樂: Tulane - Steve Gibbons Band : (CD: Down In The Bunker)



Start on Vocals / Approx 4 seconds

SEC1: Toe-strut. Toe-strut. Rock fwd. Recover. Rock side. recover

1-4 Right toe strut, Left toe strut
5-8 Rock fwd Right, Recover, Rock side Right, Recover

SEC2: Behind. Side. Cross. Kick. Behind. Side. Cross. Kick

1-2 Step Right behind Left, Step side Left
3-4 Cross Right over Left, Kick Left to diagonal
5-6 Step Left behind Right, Step Right to side
7-8 Cross left over Right, Kick Right to diagonal

SEC3: Cross. Back. 1/4 Turn Side Step. Scuff. Lock-step. Hold

1-2 Cross Right over Left, Step back Left
3-4 1/4 turn Right (3:00) Step side Right, Scuff Left
5-8 Left Lock-step, Hold

SEC4: Rocking-chair. Rock. Recover. 1/4 Side step. Side

1-4 Right Rocking-chair
5-6 Rock fwd Right, Recover
7-8 1/4 turn Right (6:00) Step side Right, Step Left beside Right

SEC5: Side. Touch. Step back. Tap heel. Step. Touch. Side. Together

1-4 Step side Right, Touch Left in place, Step back Left, Tap Right heel
5-6 Step Right in place, Touch Left beside Right
7-8 Step side Left, Step Right beside Left

SEC6: Step fwd. Touch. Step side. Touch. Step side. Together. Lift toes. recover

1-4 Step fwd Left, Touch Right in place, Step side Right, Touch Left beside Right
5-6 Step side Left, Step Right in place
7-8 Lift both toes (rocking weight onto heels), recover