

拍數: 32      牆數: 2      級數: Improver / Intermediate  
編舞者: Colin B Smith (UK) & Roz Chaplin (UK) - January 2012  
音樂: A.S.A.P - The Refreshments : (CD: Collection)



## KICK X 2, SAILOR STEP, KICK, TURN, COASTER STEP

1-2      Kick right forward, kick right to right side  
3&4      Step right behind left, step left to left side, step right to right side  
5-6      Kick left forward, turn ¼ left kicking left forward (09.00)  
7&8      Step left back, step right beside left, step left forward

## KICK BALL CHANGE X2, ROCK, RECOVER, FULL TURN

1&2      Kick right foot forward, step right beside left, step left beside right  
3&4      Kick right foot forward, step right beside left, step left beside right  
5-6      Rock forward on the right, recover onto the left  
7-8      Make ½ turn to right stepping right forward, make ½ turn to right stepping left back

**Easy Option: Walk back right, left**

## ½ TURN SHUFFLE, ROCKING CHAIR, KICK & POINT

1&2      Make ½ turn to right stepping right, left, right (03.00)  
3-4      Rock left forward, recover onto right  
5-6      Rock left back, recover onto right  
7&8      Kick left forward, step left beside right, point right to right

## JAZZ BOX, ¼ CHASSE TURN, TOE STRUT, STOMP, KICK

1-2      Cross right over left, step back on left  
3&4      ¼ turn right stepping right, left, right  
5-6      Step left toe back, drop left heel taking weight  
7-8      Stomp right foot forward, kick right foot forward

## TAG. AT THE END OF WALLS 4 & 8, DANCE THIS 16 COUNT TAG, THEN START THE WHOLE DANCE AGAIN

**Sailor Step X 2. Touch, Unwind ½ Turn, Pivot ½ Turn, Syncopated Kick & Points, Heel Drops.**

1&2      Step right behind left, step left to left side, step right to right side  
3&4      Step left behind right, step right to right side, step left to left side  
5-6      Touch right toe back, unwind ½ turn to right  
7-8      Step left forward, pivot ½ turn to right

1&2&      Kick left forward, step left beside right, point right to right side, step right next to left  
3&4      Point left to left side, step left beside right, point right toe to right side  
5,6,7,8      Drop right heel 4 times

**Dance & Enjoy with a Smile**