

Bad Example

拍數: 32 牆數: 4 級數: High Beginner / Easy Improver
編舞者: Karl-Harry Winson (UK) - January 2012
音樂: Bad Example - Pistol Annes : (Album: Hell on Heels)



Intro: 32 Counts/20 Seconds (Start on Vocals)- Choreographed at: 96 BPM

Toe Touches X3. Weave Left. Toe Touches X3. 1/4 turn Weave Right.

1&2 Touch Right out to Right side. Touch Right toe beside Left. Touch Right toe to Right side.
3&4 Cross Right behind Left. Step Left to Left side. Cross Right over Left.
5&6 Touch Left toe out to Left side. Touch Left toe beside Right. Touch Left toe out to Left side.
7&8 Cross Left behind Right. Make 1/4 Right stepping Right forward. Step forward on Left (3.00).

Right Mambo Step. Back-Lock-Step. Right Coaster-Step. Run forward X3.

1&2 Rock forward on Right. Recover weight back on Left. Step back on Right.
3&4 Step back on Left. Lock Right foot in front of Left. Step back on Left.
5&6 Step back on Right. Step Left beside Right. Step forward on Right.
7&8 Run forward stepping: Left, Right, Left.

Cross-Back. Chasse Right. Cross-Back. Chasse 1/4 turn Left.

1 – 2 Cross Right over Left. Step back on Left.
3&4 Step Right to Right side. Close Left beside Right. Step Right to Right side.
5 – 6 Cross Left over Right. Step back on Right.
7&8 Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping Left forward (12.00).

Ball Step. Forward Rock. Coaster Step. Step Pivot 1/2 turn. Step 1/4 turn. Touch.

&1-2 Step Right beside Left. Rock forward on Left. Recover weight back on Right.
3&4 Step back on Left. Step Right beside Left. Step Forward on Left.
5 – 6 Step forward on Right. Pivot 1/2 turn Left (6.00).
7&8 Step forward on Right. Pivot 1/4 turn Left. Touch Right beside Left (3.00).

Start Again!
