

Nu Har vi Murat Klart

拍數: 32 牆數: 1 級數: Beginner
編舞者: Elisabet Herngren (SWE) - November 2011
音樂: Vill Du Bli Min Fru - Drängarna



(The dance was made to Mariestads Unica Revue)

Intro 16 count, start dance on heavy beat

Section 1: Right vine, kick with clap, left vine, kick with clap

1-4 Right to side, left behind, right to side, kick left forward and clap
5-8 Left to side, right behind, left to side, kick right forward and clap

Section 2: Toestrut forward, point to side - together

1-4 Put right toe forward, drop heel down, put left toe forward, drop heel down
5-8 Touch right toe to side, step together, touch left toe to side, step together

Styling: snap fingers when heel drops down

*****) Restart**

Section 3: Toestrut backward, point to side - together

1-4 Touch right toe backward, drop heel down, touch left toe backward, drop heel down
5-8 Touch right toe to side, step together, touch left toe to side, step together

Styling: snap fingers when heel drops down

Section 4: Step, 1/4 turn x2. Rockstep, 1/2 turn right-right forward, step together

1-4 Step slightly forward on right, turn 1/4 to left (weight on left) x2
5-8 Rock forward on right, recover, turn 1/2 right with right forward, step left together

*****) Restart: after section 2 on wall 3 and on wall 6**

Ending: after wall 12 there is 16 count left of music.

Toestrut forward, point to side - together

(=section 2) 1-4 Put right toe forward, drop heel down, put left toe forward, drop heel down
5-8 Touch right toe to side, step together, touch left toe to side, step together

Toestrut backward, point to side - together

(=section 3) 9-12 Touch right toe backward, drop heel down, touch left toe backward, drop heel down
13-16 Touch right toe to side, step together, touch left toe to side, step together