

D.M.S (Drink Myself Single)

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Vikki Morris (UK) - January 2012
音樂: Drink Myself Single - Sunny Sweeney : (Album: Concrete)



(32 count intro) Start on the word "I'm"

S1: Right Scuff Hitch Stomp, Swivel Left x3, Right Rock Recover & Left Heel Hold

1&2 Scuff Right forward, Hitch Right and Stomp Right to Right side
3&4 Swivel Left heel to Right, Swivel Left toe to Right, Swivel Left heel to Right (weight on Left)
5-6 Rock Right forward, Recover on Left
&7-8 Step back on Right, Touch Left heel forward, HOLD

S2: Bump Hips Left & Left, Right & Right, & Step Pivot ¼ Left, Right Cross Shuffle

1&2 Bump Left Hip forward, recover on Right, Bump Left Hip forward
3&4 Bump Right Hip Back, recover on Left, Bump Right Hip back (body will be angled to Right diagonal for counts 1-4)
&5-6 Step back on Left, Step forward on Right, Pivot ¼ Turn Left (9 o'clock)
7&8 Cross Right over Left, Step Left to Left, Cross right over Left

S3: Left Side Rock, Recover Right, Left Sailor ¼ Turn Left, Right Cross Rock, Right Side Rock

1-2 Rock Left to Left, Recover on Right
3&4 Turn ¼ Turn left as you step Left behind Right, Rock onto Right, Recover on left (6 o'clock)
5-6 Cross rock Right over Left, Recover on Left
7-8 Rock Right to Right side, Recover on Left

S4: Right Jazz Box, Right Monterey ½ Turn Right, Cross

1-2 Cross Right over Left, Step back on Left
3-4 Step Right to Right, Cross Left over Right
5-6 Point Right to Right, Turn ½ Turn Right (12 o'clock)
7-8 Point Left to Left, Cross Left over Right

TAG & RESTART WALLS 3 & 5

S5: Right Chasse, Left Back Rock Recover, ¼ Turn Right, ¼ Turn Right Tap, Right Chasse

1&2 Step Right to Right, Step Left to Right, Step Right to Right
3-4 Rock back Left, Recover on Right
5-6 Turn ¼ Turn Right stepping back Left, Turn ¼ turn Right tapping Right to Left (6 o'clock)
7&8 Step Right to Right, Step Left to Right, Step Right to Right

S6: Left Back Rock Recover, Left Kick Ball Cross, Twist ½ Turn Left, Twist ½ Turn Right, Left Point Cross

1-2 Rock Back Left, Recover on Right
3&4 Kick Left forward, Step slightly back on Left, Cross step Right over Left
5-6 On balls of feet, Twist ½ turn Left, On balls of feet, Twist ½ turn Right (6 o'clock)
7-8 Point Left to Left, Cross Left over Right

Start again with a SMILE

***TAG & Restart* - Walls 3 & 5 – facing 12 o'clock and 6 o'clock after 32 counts**

Right Side Rock Recover, Right Back Rock recover

1-2 Rock Right to Right, Recover on Left
3-4 Rock Back on Right, Recover on Left

