Live fra Bremen

拍數: 32

級數: Beginner

編舞者: Birthe Tygesen (DK) - January 2012

音樂: The Boys, The Beers, The Party - The JAM band & Matt Dame

(Thanks to Hanne Pitters for helping)

Sec. 1: Vine Left, scuff, rock step, rock step (rocksteps on diagonal)

- step L to L side, step R behind L, step L to L side, scuff R slightly across L 1,2,3,4,
- 5,6,7,8 rock R across L, recover on L, rock R across L, recover on L (10.30)

Sec 2: shuffle diagonally back, hitch-turn, shuffle forward, scuff

- 1,2,3 step R back to R diagonal, step L besides R, Step R back to R diag. (10.30)
- 4 hitch L turning 1/8 L (9:00)
- 5,6,7,8 step L forward, step R besides L, step L forward, scuff R (9:00)

Sec. 3: rocking chair, side, flick, side, flick

- 1,2,3,4 rock forward onto R, recover onto L, rock back onto R, recover onto L
- step R to R side, flick L behind (slap R hand), step L to L side, flick R behind (slap L hand) 5,6,7,8

Sec 4: Vine right, touch, point, touch, point, touch

- 1,2,3,4 step R to R side, step L behind R, step R to R side, touch L next to R
- point L to L side, touch L next to R, point L to L side, touch L next to R 5,6,7,8

With attitude -- have fun !!!

OPTION:

Do you want to add more fun – in section one you can hop and clap when you are doing the rocksteps. Like this:

SEC. 1: Vine Left, scuff, hop forward, recover, hop forward, recover

1,2,3,4 step L to L side, step R behind L, step L to L side, scuff R slightly across L

5.6.7.8 hop onto R across L, recover on L, hop onto R across L, recover on L (10.30)

(when hopping forward you can clap your hands -

on front and back walls clap when you rock forward, this is counts 5 and 7

on the side-walls clap when you recover, this is counts 6 and 8)

Just for fun





牆數:4