Good Time

拍數: 48

級數: Improver

編舞者: Trena Cook - December 2011

音樂: Here for a Good Time - George Strait

Alt. Track: "Only Prettier" by Miranda Lambert

HEEL TOE SHUFFLE, HEEL TOE SHUFFLE

- R heel forward, R toe back, shuffle forward (right, left, right) 1.23&4
- 5,67&8 L heel forward, L toe back, shuffle forward (left, right, left)

SIDE TOGETHER, ROCK & CROSS, SIDE TOGETHER ROCK & CROSS

- 1.23&4 Step R to side, slide L to R, rock R to side, recover on left, cross R over left
- 5.67&8 Step L to side, slide R to L, rock L to side, recover on right, cross L over R

1/4 TURN LEFT, SHUFFLE FORWARD, ROCK/RECOVER COASTER

- 1,23&4 Step forward on R, 1/4 turn to Left, shuffle forward (right, left, right)
- 5,67&8 Rock forward Left, recover on right, step L back, step right together, step left forward

STEP, 1/2 TURN, SHUFFLE, SIDE ROCK, CROSS SHUFFLE

- 1.2 3&4 Step forward on R, 1/2 turn Left, shuffle forward (right, left, right)
- 5,67&8 Rock Left to side, recover on Right, cross shuffle (left, right, left)

WALK X 2, 1/2 TURNING COASTER, WALK X 2, KICK STEP POINT

- 1,2 3&4 Turn ¼ right and step R forward, step L forward, turn ½ R coaster step
- Step forward L, Step forward R, kick Left, step back left, point with R 5,67&8

STEP BEHIND, POINT OUT, 1/4 TURNING SAILOR TO THE LEFT

STEP FORWARD, POINT OUT, 1/4 TURNING SAILOR TO LEFT

- Step R behind L, point out Left, 1/4 turning sailor to Left 1,2 3&4
- 5.67&8 Step forward Right, point out Left, 1/4 turn sailor to Left

Note: When using "Here for a Good Time", there is a re-start after the 3rd wall facing 4th wall; Do the first eight counts, then re-start





牆數:2