Meet Me At The Altar

COPPER KNOB

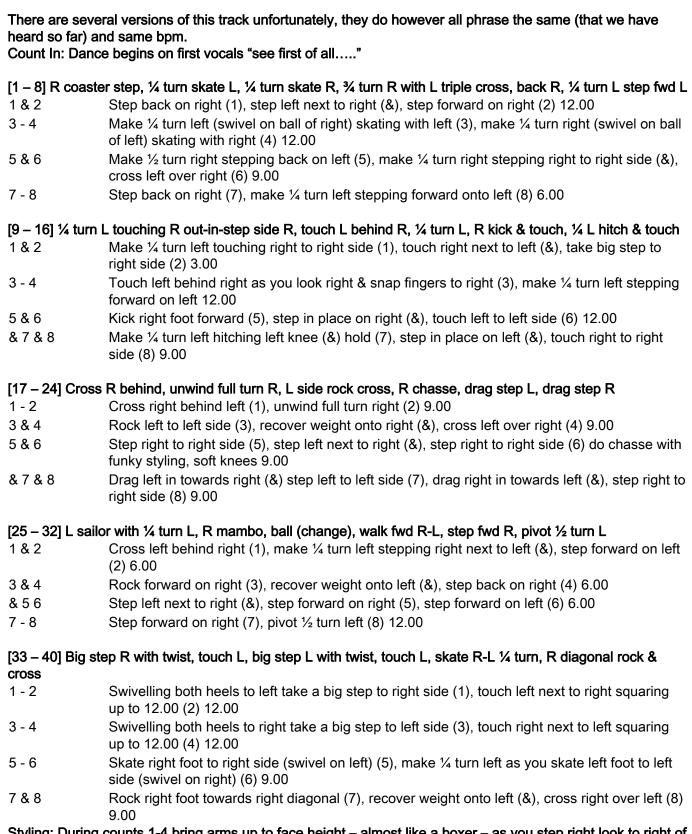
拍數: 64

牆數: 2

級數: Advanced

編舞者: Rachael McEnaney (USA) & Ryan Lindsey (USA) - December 2011

音樂: Let's Get Married (feat. JD & Run DMC) - Jagged Edge



Styling: During counts 1-4 bring arms up to face height – almost like a boxer – as you step right look to right of arms, as you step left look left



[41 – 48] Step L with look, hold, close L, step R, close R, step L, heel lift, twist heels R, R ball L cross (stomp)

- 1, 2 & 3 Step left to left side as you look left (1), recover weight right (2), step left next to right (&), step right to right side (3),
- 4 recover weight left (4) on counts 2 and 4 think of these counts as more of a hold this section is strong steps rather than side rocks 9.00
- & 5 & 6
 Step right next to left (&), step left to left side (5), lift both heels off floor pushing knees forward (&), drop heels (6), 9.00
- & 7 & 8
 Twist both heels to right (&), twist both heels back to centre (7), step slightly back on ball of right (&), cross left over right (almost a stomp bent knee) turn body to right diagonal on the ball cross (8) 10.30

[49 – 56] L drag, L ball change, cross L, side R, L behind R side L cross, shoulder shrug, R ball, L cross

- 1 & 2 Drag left leg towards right keeping foot sliding across floor (think like a bull action) (1), step ball of left slightly back (&), step in place on right (2) 10.30
- 3 4 Step diagonally forward on left (3), square up to 9.00 stepping right to right side (4) 9.00
- 5 & 6 Cross left behind right (5), step right to right side (&), cross left over right (6), 9.00
- & 7 & 8
 Shrug shoulders either together or separate (&7), step ball of right to right side (&), cross left over right (8) 9.00

[57 – 64] Sweep R, cross R, L side rock cross, 4 step turning square shape – 3/4 turn R

- 1 2 Sweep right foot from back to front (1), cross right over left (2) styling: the sweep is strong, almost like a kick/hitch 9.00
- 3 & 4 Rock left to left side (3), recover weight onto right (&), cross left over right (4) 9.00
- 5 & 6 & Step right to right side (5), slide left foot towards right (&), make 1/4 turn right stepping left to left side (6) slide right towards left (&) 12.00
- 7 & 8 Make ¼ turn right stepping right to right side (7), slide left towards right (&), make ¼ turn right stepping left to left side (8) 6.00

START AGAIN, HAVE FUN!

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