

Meet Me At The Altar

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Advanced
編舞者: Rachael McEnaney (USA) & Ryan Lindsey (USA) - December 2011
音樂: Let's Get Married (feat. JD & Run DMC) - Jagged Edge



There are several versions of this track unfortunately, they do however all phrase the same (that we have heard so far) and same bpm.

Count In: Dance begins on first vocals "see first of all....."

[1 – 8] R coaster step, ¼ turn skate L, ¼ turn skate R, ¾ turn R with L triple cross, back R, ¼ turn L step fwd L

- 1 & 2 Step back on right (1), step left next to right (&), step forward on right (2) 12.00
- 3 - 4 Make ¼ turn left (swivel on ball of right) skating with left (3), make ¼ turn right (swivel on ball of left) skating with right (4) 12.00
- 5 & 6 Make ½ turn right stepping back on left (5), make ¼ turn right stepping right to right side (&), cross left over right (6) 9.00
- 7 - 8 Step back on right (7), make ¼ turn left stepping forward onto left (8) 6.00

[9 – 16] ¼ turn L touching R out-in-step side R, touch L behind R, ¼ turn L, R kick & touch, ¼ L hitch & touch

- 1 & 2 Make ¼ turn left touching right to right side (1), touch right next to left (&), take big step to right side (2) 3.00
- 3 - 4 Touch left behind right as you look right & snap fingers to right (3), make ¼ turn left stepping forward on left 12.00
- 5 & 6 Kick right foot forward (5), step in place on right (&), touch left to left side (6) 12.00
- & 7 & 8 Make ¼ turn left hitching left knee (&) hold (7), step in place on left (&), touch right to right side (8) 9.00

[17 – 24] Cross R behind, unwind full turn R, L side rock cross, R chasse, drag step L, drag step R

- 1 - 2 Cross right behind left (1), unwind full turn right (2) 9.00
- 3 & 4 Rock left to left side (3), recover weight onto right (&), cross left over right (4) 9.00
- 5 & 6 Step right to right side (5), step left next to right (&), step right to right side (6) do chasse with funky styling, soft knees 9.00
- & 7 & 8 Drag left in towards right (&) step left to left side (7), drag right in towards left (&), step right to right side (8) 9.00

[25 – 32] L sailor with ¼ turn L, R mambo, ball (change), walk fwd R-L, step fwd R, pivot ½ turn L

- 1 & 2 Cross left behind right (1), make ¼ turn left stepping right next to left (&), step forward on left (2) 6.00
- 3 & 4 Rock forward on right (3), recover weight onto left (&), step back on right (4) 6.00
- & 5 6 Step left next to right (&), step forward on right (5), step forward on left (6) 6.00
- 7 - 8 Step forward on right (7), pivot ½ turn left (8) 12.00

[33 – 40] Big step R with twist, touch L, big step L with twist, touch L, skate R-L ¼ turn, R diagonal rock & cross

- 1 - 2 Swivelling both heels to left take a big step to right side (1), touch left next to right squaring up to 12.00 (2) 12.00
- 3 - 4 Swivelling both heels to right take a big step to left side (3), touch right next to left squaring up to 12.00 (4) 12.00
- 5 - 6 Skate right foot to right side (swivel on left) (5), make ¼ turn left as you skate left foot to left side (swivel on right) (6) 9.00
- 7 & 8 Rock right foot towards right diagonal (7), recover weight onto left (&), cross right over left (8) 9.00

Styling: During counts 1-4 bring arms up to face height – almost like a boxer – as you step right look to right of arms, as you step left look left

[41 – 48] Step L with look, hold, close L, step R, close R, step L, heel lift, twist heels R, R ball L cross (stomp)

- 1, 2 & 3 Step left to left side as you look left (1), recover weight right (2), step left next to right (&), step right to right side (3),
- 4 recover weight left (4) – on counts 2 and 4 think of these counts as more of a hold – this section is strong steps rather than side rocks 9.00
- & 5 & 6 Step right next to left (&), step left to left side (5), lift both heels off floor pushing knees forward (&), drop heels (6), 9.00
- & 7 & 8 Twist both heels to right (&), twist both heels back to centre (7), step slightly back on ball of right (&), cross left over right (almost a stomp – bent knee) turn body to right diagonal on the ball cross (8) 10.30

[49 – 56] L drag, L ball change, cross L, side R, L behind R side L cross, shoulder shrug, R ball, L cross

- 1 & 2 Drag left leg towards right keeping foot sliding across floor (think like a bull action) (1), step ball of left slightly back (&), step in place on right (2) 10.30
- 3 - 4 Step diagonally forward on left (3), square up to 9.00 stepping right to right side (4) 9.00
- 5 & 6 Cross left behind right (5), step right to right side (&), cross left over right (6), 9.00
- & 7 & 8 Shrug shoulders either together or separate (&7), step ball of right to right side (&), cross left over right (8) 9.00

[57 – 64] Sweep R, cross R, L side rock cross, 4 step turning square shape – ¾ turn R

- 1 - 2 Sweep right foot from back to front (1), cross right over left (2) styling: the sweep is strong, almost like a kick/hitch 9.00
- 3 & 4 Rock left to left side (3), recover weight onto right (&), cross left over right (4) 9.00
- 5 & 6 & Step right to right side (5), slide left foot towards right (&), make ¼ turn right stepping left to left side (6) slide right towards left (&) 12.00
- 7 & 8 Make ¼ turn right stepping right to right side (7), slide left towards right (&), make ¼ turn right stepping left to left side (8) 6.00

START AGAIN, HAVE FUN!

Contact: www.dancejam.co.uk - Rachaeldance@me.com - Tel: 07968 181933

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in it's original format.

Copyright © 2011 Rachael Louise McEnaney (rachaeldance@me.com) All rights reserved
