

# You Feel Good All Over

**COPPER** KNOB  
BY SHEETS

拍數: 48      牆數: 4      級數: Beginner waltz  
編舞者: Karen Tripp (CAN) - December 2011  
音樂: You Feel Good All Over - T.G. Sheppard : (Album: The Very Best of)



**Wait: Starts immediately on vocals, left foot lead**

## **TWINKLE; FRONT WEAVE 3**

1-2-3      Cross left over right, turn slightly left face as you step right next to left, step left  
4-5-6      Cross right over left, steps side on left, cross right behind left

## **SIDE DRAW LEFT, TOUCH; FULL TURN RIGHT**

7-8-9      Big step side on left, drag right toe towards left, touch right beside left (prep for a right face turn)  
10-11-12      Step side turning  $\frac{1}{4}$  right, continue rotation right face turning  $\frac{1}{2}$ , continue rotation  $\frac{1}{4}$  more to end where you started

## **CROSS LUNGE RECOVER SIDE; CROSS LUNGE RECOVER SIDE**

13-14-15      Cross left over right (extend arms to sides), recover on right, side on left  
16-17-18      Cross right over left (extend arms to sides), recover on left, side on right

## **CROSS LUNGE, RECOVER, $\frac{1}{4}$ LEFT; PIVOT $\frac{1}{2}$ AND FORWARD**

19-20-21      Cross left over right (extend arms to sides), recover on right, turn  $\frac{1}{4}$  left and step left  
22-23-24      Step forward on right, pivot  $\frac{1}{2}$  left and step left, step right forward

## **FORWARD BASIC; BACK, POINT, HOLD; FORWARD BASIC; BACK POINT, HOLD**

25-26-27      Step forward on left, step right next to left, step left in place  
28-29-30      Step back on right, point left toe to left side, hold for one count  
31-32-33      Step forward on left, step right next to left, step left in place  
34-35-36      Step back on right, point left toe to left side, hold for one count

## **FULL LEFT TURNING BOX**

37-38-39      Turn  $\frac{1}{4}$  left and step left forward, step right next to left, step left slightly back  
40-41-42      Turn  $\frac{1}{4}$  left and step right back, step left next to right, step right slightly forward  
43-44-45      Repeat steps 37-39  
46-47-48      Repeat steps 40-42 (facing 3:00)

## **TAG: At the end of wall 3 facing 9:00, Forward $\frac{1}{4}$ left turn, Back, Point, Touch (end 6:00)**

1-2-3      Turn  $\frac{1}{4}$  left and step forward on left, step right next to left, step left in place  
4-5-6      Step back on right, point left toe to side, hold

**Dance ends facing front; point left foot to side and hold.**

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