You Feel Good All Over



拍數: 48 編數: 4 級數: Beginner waltz

編舞者: Karen Tripp (CAN) - December 2011

音樂: You Feel Good All Over - T.G. Sheppard: (Album: The Very Best of)



Wait: Starts immediately on vocals, left foot lead

TWINKLE; FRONT WEAVE 3

1-2-3 Cross left over right, turn slightly left face as you step right next to left, step left

4-5-6 Cross right over left, steps side on left, cross right behind left

SIDE DRAW LEFT, TOUCH; FULL TURN RIGHT

7-8-9 Big step side on left, drag right toe towards left, touch right beside left (prep for a right face

turn)

10-11-12 Step side turning ¼ right, continue rotation right face turning ½, continue rotation ¼ more to

end where you started

CROSS LUNGE RECOVER SIDE; CROSS LUNGE RECOVER SIDE

13-14-15 Cross left over right (extend arms to sides), recover on right, side on left Cross right over left (extend arms to sides), recover on left, side on right

CROSS LUNGE, RECOVER, 1/4 LEFT; PIVOT 1/2 AND FORWARD

19-20-21 Cross left over right (extend arms to sides), recover on right, turn ¼ left and step left

22-23-24 Step forward on right, pivot ½ left and step left, step right forward

FORWARD BASIC; BACK, POINT, HOLD; FORWARD BASIC; BACK POINT, HOLD

25-26-27	Step forward on left, step right next to left, step left in place
28-29-30	Step back on right, point left toe to left side, hold for one count
31-32-33	Step forward on left, step right next to left, step left in place
34-35-36	Step back on right, point left toe to left side, hold for one count

FULL LEFT TURNING BOX

37-38-39	Turn ¼ left and step left forward, step right next to left, step left slightly back
40-41-42	Turn ¼ left and step right back, step left next to right, step right slightly forward
43-44-45	Repeat steps 37-39
46-47-48	Repeat steps 40-42 (facing 3:00)

TAG: At the end of wall 3 facing 9:00, Forward 1/4 left turn, Back, Point, Touch (end 6:00)

1-2-3 Turn ¼ left and step forward on left, step right next to left, step left in place

4-5-6 Step back on right, point left toe to side, hold

Dance ends facing front; point left foot to side and hold.