

Im Free

拍數: 32 牆數: 4 級數: Beginner
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音樂: Free - Natalia Kills : (Album: Free)



30 Count Intro.

RIGHT & LEFT STEP OUT, RIGHT & LEFT STEP IN, FORWARD RIGHT SHUFFLE, FORWARD 1/2 STEP TURN RIGHT

1 - 4 Step right foot to right, Step left foot to left. Step right foot in, Step left foot in.
5&6 Step forward right, close left beside right, step forward right.
7 - 8 Step forward left, 1/2 turn right.

RIGHT & LEFT STEP OUT, RIGHT & LEFT STEP IN, FORWARD LEFT SHUFFLE, 1/4 STEP TURN LEFT

1 - 4 Step left forward left diagonal, Step right forward right diagonal, Step left back, Step right back.
5&6 Step forward left, close right beside left, step forward left.
7 - 8 Step forward right, 1/4 turn left.

MONTEREY 1/2 TURN, TOE STRUTS FORWARD X2

1 - 4 Point right to right side. Make 1/2 turn right stepping right beside left. Point left to left side. Step left beside right.
5 - 6 Touch right toe forward, Drop right heel to floor.
7 - 8 Touch left toe forward, Drop left heel to floor.

FORWARD ROCK, SHUFFLE 1/2 TURN, FORWARD ROCK, COASTER STEP

1 - 2 Rock forward on right, recover on left.
3&4 Shuffle turn 1/2 turn right, stepping – right, left, right.
5 - 6 Rock forward on left, recover on right.
7 - 8 Step left back. Step right beside left. Step left forward.

Start Again
