

Jingle My Bells

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Improver
編舞者: Terri Lineberry (USA) - December 2011
音樂: Jingle My Bells - The Tractors : (CD: Have Yourself a Tractor Christmas)



Also: Run Run Rudolph by Chuck Berry (cd: Rockin Little Christmas available itunes)

Begin with Lyrics

SHUFFLE LEFT, ROCK RECOVER, SHUFFLE RIGHT, ROCK RECOVER

1&2 Step left to left, step right beside left, step left to left
3-4 Rock right behind left, recover on left
5&6 Step right to right, step left beside right, step right to right
7-8 Rock left behind right, recover on right

SHUFFLE LEFT, ROCK RECOVER, SHUFFLE RIGHT, ROCK RECOVER

1&2 Step left to left, step right beside left, step left to left
3-4 Rock right behind left, recover on left
5&6 Step right to right, step left beside right, step left to left
7-8 Rock left behind right, recover on right

SHUFFLE FORWARD, ½ TURN LEFT SHUFFLE BACK, ROCK RECOVER

1&2 Step left forward, step right beside left, step left forward
3&4 Step right back ½ turn left , step left beside right, step right back
5&6 Step left back, step right beside left, step left back
7-8 Rock right back, recover on left

SHUFFLE FORWARD, SHUFFLE BACK ½ TURN LEFT, ROCK RECOVER

1&2 Step right forward, step left beside right, step right forward
3&4 Step left forward, step right beside left, step left forward
5&6 Step right back ½ turn left, step left to right, step right back
7-8 Rock left back, recover on right

REPEAT
