

Bai Xin Nian

拍數: 64 牆數: 1 級數: Phrased Beginner
編舞者: Janet (Zhen Zhen) Ge (CN) - December 2011
音樂: Bai Xin Nian (拜新年) - Phoenix Legend (鳳凰傳奇)



Intro 32 Count (19 Sec) - Dance Sequence: Tag / AAB / Tag / AAB / ABB / Tag

Part A (32 count)

[1-8] Fwd Diagonal , Recover, Coaster, Fwd Diagonal, Recover, Coaster

1,2 Step right forward diagonal L, recover on left (10:30).
3&4 *1/8 Turn R stepping right back, step left next to right, step right forward (12:00).
5,6 Step left forward diagonal R, recover on right (1:30).
7&8 *1/8 Turn L stepping left back, step right next to left, step left forward (12:00).

[9-16] Pivot 1/2 Turn L, Triple 1/2 Turn L, Back, Recover, Fwd shuffle

1,2 Step right forward, pivot 1/2 turn left.
3&4 Triple 1/2 turn left on R,L,R.
5,6 Step left back, recover on right.
7&8 Step left forward, step right next to left, step left forward.

[17-24] Back, Touch, Back, Touch, Fwd , Touch, Back ,Touch, Back, Touch, Fwd, Touch

1&2& Step right back diagonal(4:30), touch left next to right, step left back diagonal(7:30) , touch right next to left.
3,4 Step right forward diagonal(1:30), touch left next to right.
5&6& Step left back diagonal(7:30), touch right next to left, step right back diagonal(4:30) , touch left next to right.
7,8 Step left forward diagonal(10:30), touch right next to left.

[25-32] Full Turn Polka Step Fwd

1&2 *1/4 Turn R polka forward on R,L,R.
3&4 *1/4 Turn R polka forward on L,R,L.
5&6 *1/4 Turn R polka forward on R,L,R.
7&8 *1/4 Turn R polka forward on L,R,L.

Part B (32 count)

[1-8] Cross, Recover, Side Shuffle, Cross, Recover, Side Shuffle

1,2 Cross right over left, recover on left.
3&4 Step right to right, step left next to right, step right to right.
5,6 Cross left over right, recover on right.
7&8 Step left to left, step right next to left, step left to left.

Hand styling : clench right fist & hold it with left palm in traditional chinese greeting(12,56)

[9-16] Jazz Box (X2)

1,2,3,4 Cross right over left, 1/4 turn right stepping back on left, step right to right side , step left forward.
5,6,7,8 Cross right over left, 1/4 turn right stepping back on left, step right to right side , step left forward.

[17-32] Same above 1-16.

Tag: (16 count)

[1-8] Swivel Side, Togetherx4

1,2,3,4 Step right to right & swivel right heel to left side (1:30), step left next to right(12:00),repeat 1,2
5,6,7,8 Step left to left & swivel left heel to right side (10:30), step right next to left (12:00),repeat 5,6

[9-16] Same above 1-8

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