

Bop Bop Baby

拍數: 64 牆數: 4 級數: Beginner
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音樂: Bop Bop Baby - Westlife : (CD: Westlife Greatest Hits)



32 Count Intro from Piano Instrumental

STEP, PIVOT ½ TURN X2,

1-2 Step forward right, pivot ½ turn left
3-4 Step forward on right, Hold and Clap
5-6 Step forward left, pivot ½ turn right
7-8 Step forward on left, Hold and Clap

GRAPEVINE, TOUCH, ROCK BACK, RECOVER, FORWARD, SWEEP

1-2 Step right to right, cross left behind right
3-4 Step right to right side, touch left beside right
5-6 Rock back on left, recover onto right
7-8 Step forward on left, sweep right toe over left

JAZZ BOX TURN, WEAVE

1-2 Cross right over left, step left back
3-4 Turn ¼ right stepping right forward, step left over right (3.00)
5-6 Step right to right, step left behind right
7-8 Step right to right, step left over right

ROCK & CROSS X 2

1-2 Rock right to right side, recover onto left
3-4 Cross right over left, Hold
5-6 Rock left to left side, recover onto right
7-8 Cross left over right, Hold

¼ TOE STRUT, TOE STRUT, MAMBO, HOLD

1-2 Turn ¼ right, drop right heel taking weight (6.00)
3-4 Step left toe forward, drop left heel taking weight
5-6 Rock forward on right, rock back on left
7-8 Step right beside left, Hold

STEP, KICK, STEP, KICK, SWAY, SWAY, STEP, TOUCH

1-2 Step left to left side, kick right over left
3-4 Step right to right side, kick left over right
5-6 Sway left to left, sway right to right
7-8 Step, left to left side, touch right beside left

SIDE, TOGETHER, CHASSE, ROCK STEP ¼ TURN SHUFFLE

1-2 Step right to right, step left next to right
3&4 Step right to right, step left next to right, step right to right
5-6 Cross rock left over right, recover onto right
7&8 Turn ¼ left stepping left forward, step right next to left, step left forward

STEP, LOCK, LOCKING SHUFFLE X 2.

1-2 Step right forward, lock left behind right
3&4 Step right forward. lock left behind right, step right forward

5-6

Step left forward, lock right behind left

7&8

Step left forward, lock right behind left, step left forward.
