# Tian Hou



編舞者: Yonne Emalda - December 2011

音樂: Tian Hou (天后(-Liu Li Yang (劉力揚)



### Intro: 20 counts from the heavy beat

#### Side, Behind Side Cross, Point, Sailor Cross, Side Chasse

1-2&3 Step R foot to R side, cross L foot behind R foot, step R foot to R side, cross L foot over R

foot

4-5&6 Point R toes diagonally to R side, cross R foot behind L foot, step L foot to L side, cross R

foot over L foot

7&8 Step L foot to L side, step R foot beside R foot, step L foot to L side

### Sailor Step X2, Back Slide, Ball, Walk Forward X2

1&2	Cross R foot behind L foot, step L foot to L side, step R foot to R side
3&4	Cross L foot behind R foot, step R foot to R side, step L foot to L side

5-6& Facing 1.00: Step R foot back pushing butt backwards, slide L foot towards R foot, , step L

foot in place

7-8 Facing 1.00: Walk forward on R foot, walk forward on L foot \*\*\*

### Point, Flick, Forward Shuffle Diagonally, Point, Flick, Diagonal Forward Shuffle

1-2	Facing 1.00: Touch R toes to R side, flick R foot up and turn to face 11.00
3&4	Facing 11.00: Step R foot forward, step L foot beside R foot, step R foot forward
5-6	Facing 11.00: Touch L toes to L side, flick L foot up and turn to face 1.00
7&8	Facing 1.00: Step L foot forward, step R foot beside L foot, step L foot forward

## 3/8 Turn, ¼ Turn, Cross Rock, Recover, ¼ Shuffle, ½ Turn, ¼ Turn Sweep/Hitch

1-2 Turn 3/8 L stepping R foot back (facing 9.00), turn ¼ L stepping L foot to L side

3-4 Cross rock R foot over L foot, recover weight on L foot

5&6 Turn ¼ R stepping R foot forward, step L foot beside R foot, step R foot forward

7-8 Turn ½ R stepping L foot back, turn ¼ R sweeping R foot from front to back OR hitch R knee

up

Restart \*\*\*: On Wall 5, dance up to 16 counts. Begin the dance at 12.00, the original wall.