

Lucky Ladies

拍數: 64

牆數: 4

級數: Improver / Intermediate smooth 2
step



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音樂: Lucky - Bastian Baker : (CH)

[1-8] Walks Back 2 x, Sailor ½ Turn

1, 2, 3, 4 Walk back on left, Hold, Walk back on right, Hold
5, 6, 7, 8 Cross left behind with ¼ Turn left, Step right beside left, Step forw. on left with ¼ Turn left, Hold

[9-16] Step ½ Turn, Triple Full Turn (Variation : Run Run Run, Hold)

1, 2, 3, 4 Step right forw., Hold, Turn ½ left on Ball and do weight on left, Hold
5, 6, 7, 8 Turn ½ left and Step back on right, Turn ½ left and Step on left forw., Step forw. on right, Hold, (Variation: QQ S: Step forw. on right, Step forw. on left, Step forw. on right, Hold)

[17-24] Out Out, Back Back

1, 2, 3, 4 Step diag. forw. on left, Hold, Step diag. forw. on right, Hold
5, 6, 7, 8 Step back on left, Hold, step back on right, Hold

[25-32] Coaster Step, Lock Shuffle forw.

1, 2, 3, 4 Step left back on ball, Step right back on ball beside left, Step forw on left, Hold
5, 6, 7, 8 Step right forw., lock Step left behind right, Step right forw., Hold

[33-40] ¼ Turn ri, Scissor Step, Box forw.

1, 2, 3, 4 Turn ¼ and Step left to left side, Step right beside left, Cross left over right, Hold,
5, 6, 7, 8 Step right, Step left beside right, Step right forw., Hold

[41-48] Box Back, Back Lock Step

1, 2, 3, 4 Step left to left side, Step right beside left, Step back on left, Hold
5, 6, 7, 8 Step back on right, lock back on left, Step back on right, Hold

[49-56] Coaster Step, Lock Shuffle forw.

1, 2, 3, 4 Step left back on ball, Step right back on ball beside left, Step forw. on left, Hold
5, 6, 7, 8 Step right forw., lock Step left behind right, Step right forw., Hold

[57-64] Rock Recover, Double Full Turn Back, (Variation instead of QQQQ - is SS = Turn 2 x ½ over left Shoulder)

1, 2, 3, 4 Step left forw., Hold, recover on right, Hold
5, 6, 7, 8 Turn a ½ left and Step forw. on left, Turn a ½ left and Step back on right, Turn ½ left and Step forw. on left, Turn ½ left and Step back on right

(Variation : S S : make ½ Turn over left Shoulder and Sep forw. on left, Hold, make another ½ Turn left and Step back on right, Hold)

TAG : [1 – 8] After Wall 2 & 4

Back, Hold, Back, Hold, Back, Hold, Rock Recover, Hold

1, 2, 3, 4 Step back on left, Hold, Step back on right, Hold
5, 6, 7, 8 Step back on left, Hold, Recover on right, Hold

Start again and keep smiling !!! Tatjana Mathis