Boogie Woogie Choo Choo Train



拍數: 112 牆數: 4 級數: Phrased Beginner

編舞者: Jennifer Chou (TW) - December 2011

音樂: Santa Claus Is Comin' (In a Boogie Woogie Choo Choo Train) - The Tractors



Start the dance 24 counts(3X8) from the heavy beat starts.

Sequence: ABBB, A(1-16), BBBB, B(1-16)

PART A (48 counts)

[1-8] STOMP, ½ TURN LEFT, STOMP,

1-4 Stomp RF forward with hands up

5-8 ½ turn left stomping LF in place with hands down (6:00)

[9-16] STOMP, 1/2 TURN LEFT, STOMP

1-4 Stomp RF forward with hands up

5-8 ½ turn left stomping LF in place with hands down (12:00)

[17-24] (STEP, CROSS)*2, HEEL SWIVELS

1-2 Step RF to right side, Cross touch LF behind RF

(swing both hands out to right side)

3-4 Step LF to left side, Cross touch RF behind LF

(swing both hands out to left side)

5-8 Step RF beside LF twisting heels right, twist heels left, twist heels right, Hold

[25-32] (STEP, CROSS)*2, HEEL SWIVELS

1-2 Step LF to left side, Cross touch RF behind LF

(swing both hands out to left side)

3-4 Step RF to right side, Cross touch LF behind RF

(swing both hands out to right side)

5-8 Step LF beside RF twisting heels left, twist heels right, twist heels left, Hold

[33-40] 4 FORWARD WALKS, ROLL HIPS

Step RF forward, Step LF forward, Step RF forward, Step LF beside RF
 Bend knees - Step RF to right side rolling hips to right, Roll hips to left

7-8 Straighten up - Roll hips to left, Roll hips to right

[41-48] 4 BACKWARD WALKS, ROLL HIPS

1-4 Step RF back, Step LF back, Step RF back, Step LF beside RF

5-6 Bend knees - Step RF to right side rolling hips to right, Roll hips to left

7-8 Straighten up - Roll hips to left, Roll hips to right

PART B (64 counts)

[1-8] FWD SHUFFLE, BRUSH, FWD SHUFFLE, BRUSH

Step RF forward, Step LF behind RF, Step RF forward, Brush LF forward
 Step LF forward, Step RF behind LF, Step LF forward, Brush RF forward

[9-16] HEEL, HEEL, TOUCH, TOUCH, POINT, TOUCH, POINT, FLICK BEHIND

1-4 Tap right heel forward twice, Touch right toe back twice

5-8 Point RF to right side, Touch RF beside LF, Point RF to right side, Flick RF back

[17-24] BACK, BACK, 1/4 LEFT TURN, STEP, TOGETHER, HEEL SPLITS

1-2 Step RF back, Step LF back

3-4 ½ turn right step RF to right side, Step LF beside RF (3:00)

5-8 Weight on balls of feet

Move both heels outward, Return both heels back together,

Move both heels outward, Return both heels back together

[25-32] RIGHT VINE, TOUCH, LEFT VINE/1/4 LEFT TURN, BRUSH

Step RF to right side, Cross step LF behind RF, Step RF to right side, Touch LF beside RF
 Step LF to left side, Cross step RF behind LF, ¼ turn left stepping LF to left side, Brush RF forward (12:00)

[33-40] RIGHT TOE STRUT JAZZ BOX

1-2	Cross pointing right toe over LF, Step down right heel
3-4	Point left toe back, Step down left heel
5-6	Point right toe to right side, Step down right heel
7-8	Cross point left toe over RF, Step down left heel

[41-48] HIP BUMPS R-L-R, HOLD, PIVOT ½ RIGHT, HIP BUMPS L-R-L, HOLD

1-4 Rock RF to right side bumping hips right, Bump hips left, Bump hips righ, Hold

5-8 Pivot ½ turn right stepping LF to left side and bumping hips left, Bump hips right, Bump hips

left, Hold (6:00)

[49-56] ½ TURN RIGHT WALK AROUND WITH KICKS

1-2	1/8 turn right kicking RF forward, Step down RF
3-4	1/8 turn right kicking LF forward, Step down LF
5-6	1/8 turn right kicking RF forward, Step down RF
7-8	1/8 turn right kicking LF forward, Step down LF

[57-64] STOMP FORWARD, BOUNCE FEET 1/4 TURN LEFT, 2 HEEL BOUNCE

1-4 Stomp RF forward, Bounce on both heels while making ¼ turn left

Raise heels with weight on ball of feet, Drop heelsRaise heels with weight on ball of feet, Drop heels

REPEAT

ENDING:The dance ends at 8th wall. On wall 8, dance the first 16 counts facing 3:00. Then do the following 2-count steps to finish the dance.

FORWARD, 1/4 TURN LEFT, RECOVER

1 Step RF forward

2 ¼ turn left stepping LF in place

Enjoy the dance and Merry Christmas!!