The Christmas Circle (P)

拍數: 64

牆數:0

級數: Absolute Beginner - Four Person Partner Dance



編舞者: Julie Davies (UK) - December 2011 音樂: In Dulci Jubilo - Mike Oldfield

Four People Hold Hands In A Circle...They Are 'Two Pairs'...Each 'Pair' Is Facing Opposite Each other....Name One Pair As 'Pair A' And The Other Pair As 'Pair B'.

No Need To Be In Lines – Anywhere On The Dance Floor Will Do!

SECTION ONE: SIDE CLOSE SIDE TOUCH (RIGHT) SIDE CLOSE SIDE TOUCH (LEFT)

- 1,2,3,4 Step right to right side, close left next to right, step right to right side, and touch left next to right.
- 5,6,7,8 Step left to left side, close right next to left, step left to left side, and touch right next to left.

SECTION TWO: WALK 2, 3, touch, BACK 2, 3, TOUCH

(raising arms up high as you all get to the middle, so hands all meet in the centre of the circle, and lowering them again as you walk backwards!)

- 1,2,3,4 Walk forwards right, left, right, touch left next to right.
- 5,6,7,8 Walk back left, right, left, touch right next to left.

SECTION THREE: (REPEAT SECTION ONE)

SECTION FOUR: (REPEAT SECTION TWO)

SECTION FIVE: LET GO OF EACHOTHERS HANDS AND DOSIE DO, ONE PAIR AT A TIME!

1,2,3,4,5,6,7,8 All partners let go of each other's hand's. Pair A fold their arms across their chests and walk forwards right, left, right, left (right shoulder to right shoulder), they pass each other back to back, then walk backwards right, left, right, left into their original position. Whilst Pair A are 'dosie-do-ing' Pair B march on the spot for 8 counts keeping their arms folded ready for their turn!

SECTION SIX: PAIR B DOSIE DO!

1,2,3,4,5,6,7,8 Repeat Section five with Pair B!!

SECTION SEVEN: WALK AROUND IN A CIRCLE WITH RIGHT HANDS IN THE MIDDLE, LEFT HANDS ON HIP!

1,2,3,4,5,6,7,8 All four dancers put their right hands together in the middle of the circle up high and walk around clockwise for 8 counts. Right, left, right, left, right, left, right, left!

SECTION EIGHT: Repeat section seven but using the left hand and walk around anti-clockwise for 8!

Begin again!

This is just about the simplest Circle Dance you could dance, and is suitable for all ages and levels of ability!

Enjoy!