

Tell It Like It Is

拍數: 32 牆數: 4 級數: Novice
編舞者: Iliane Raiza van der Graaf (NL) - August 2011
音樂: Tell It Like It Is - Don Johnson : (CD: Knuffelrock 1)



Intro: 7 sec. Start on the word "Want" (If You Want)

STEP FORWARD, SWEEP, CROSS, STEP BACK, ROCK BACK, RECOVER, STEP BACK, 1½ TURN LEFT BACKWARDS, STEP FORWARD X2

1 step forward on left
2 sweep right foot from back to front
& cross right over left
a step back on left
3 rock back on right
4 recover onto left
5 step back on right
6 make ½ turn left, step forward on left
& make ½ turn left, step back on right
a make ½ turn left, step forward on left
7 step forward on right
8 step forward on left [6:00]

Option count 5 - 8

STEP BACK, ½ TURN LEFT, STEP FORWARD X2

5 step back on right
6 make ¼ turn left, step left to the left side
& cross right over left
a make ¼ turn left, step forward on left
7 step forward on right
8 step forward on left [6:00]

CROSS, STEP BACK, ¼ TURN RIGHT LOCK STEP FORWARD, STEP FORWARD, CURVE ½ TURN RIGHT, STEP FORWARD X2

9 cross right over left
10 step back on left
& make ¼ turn right, step forward on right
a lock left behind right
11 step forward on right
12 step forward on left [9:00]
13 make 1/8 turn right, step forward on right
14 make 1/8 turn right, step forward on left
& make 1/8 turn right, step forward on right
a make 1/8 turn right, step forward on left
15 step forward on right
16 step forward on left [3:00]

Note: walk during counts 13 - 14&a a 180° curve (half a round)

SIDE ROCK, RECOVER, BEHIND, SIDE STEP, CROSS, SIDE STEP, SIDE STEP, ¼ TURN LEFT STEP BACK, STEP BACK, ¼ TURN LEFT SIDE STEP, CROSS, ½ TURN LEFT STEP FORWARD

17 rock right to the right side
18 recover onto left
& cross right behind left
a step left to the left sidej

19 cross right over left
20 step left to the left side
21 step right to the right side
22 make ¼ turn left, step back on left
& step back on right
a make ¼ turn left, step left to the left side
23 cross right over left
24 make ½ turn left, step forward on left [3:00]

CROSS, STEP BACK, ¼ TURN RIGHT SIDE STEP, CROSS, ¼ TURN RIGHT, STEP FORWARD, CROSS, STEP BACK, ¼ TURN RIGHT, CROSS, ¼ TURN RIGHT, STEP FORWARD, LOCK

25 cross right over left
26 step back on left
& make ¼ turn right, step right to the right side
a cross left over right
27 make ¼ turn right, step forward on right
28 step forward on left
29 cross right over left
30 step back on left
& make ¼ turn right, step right to the right side
a cross left over right
31 make ¼ turn right, step forward on right
32 step forward on left [3:00]
& lock right behind left

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