

Adieu!

拍數: 32 牆數: 4 級數: Beginner
編舞者: Mary Frances Chua (MY) - December 2011
音樂: Comment te dire adieu - Françoise Hardy



Intro: 30 count from heavy beat (approx. 16 sec)

S1: Back Rock Recover, Side Chasse, ¼ Left Back Rock, ½ Right Turn Back Shuffle

1-2 R step back, recover on L
3&4 R step to side, L together, R step to side
5-6 ¼ left turn [9.00] L step back, recover on R
7&8 ½ right turn [3.00] back shuffle L-R-L

S2: Back Rock Recover, Hip Bump, ½ Left Pivot Turn

1-2 R step back, recover on L
3&4 Hip bump R-L-R
5&6 Hip Bump L-R-L
7-8 Fwd step on R, ½ left turn (shifting weight on L)[9.00]

S3: Side Rock Recover, Cross shuffle, Forward Heel, Back Toe, Side Point, Together

1-2 R side rock, recover on L
3&4 Fwd cross shuffle R-L-R
5-6 L heel fwd, L toe back (weight on R)
7-8 Point L to left side, L together beside R

RESTART facing 9.00 after 24 count of Wall 5

S4: Forward Heel, Back Toe, Side Point, Together, ½ Right Pivot, Touch, Ball

1-2 R heel fwd, R toe back (weight on L)
3-4 Point R to right side, R together beside L
5-6 Fwd step on L, ½ right turn (shifting weight on R)[3.00]
7-8 L toe touch, ball step beside R

ENDING: At Section 4, facing 6.00 (count 7-8), forward L step, ½ right turn to face front wall, pose nicely with weight on R.

Happy Dancing with "Comment te dire adieu" (How To Say Goodbye).