

Proceed to Party (Red solo cup Dance)

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Duke Alexander (USA) - December 2011
音樂: Red Solo Cup - Toby Keith



Note: - Speed up 8% if you have the capability

CHARLESTON STEP, SHUFFLE STEP, PIVOT 1/2

1-4 Step forward on right, kick left, Step back on left, touch right toe back and clap
5&6 Triple or shuffle forward right, left, right
7-8 Pivot ½ Right step left, step right Facing 6 o'clock

FRONT, SIDE TOUCH, LEFT SAILOR FRONT SIDE TOUCH ,1/4 SAILOR RIGHT

1-2 Touch Left foot forward, touch left Foot Side
3&4 Left Sailor Shuffle (Left, Right, Left)
5-6 Touch Right Foot Forward, Touch Right Foot Side
7&8 Turn Right ¼ Sailor Shuffle (Right, Left , Right) Facing 9 o'clock

LEFT MAMBO FORWARD , LEFT MAMBO BACK , ROCK RECOVER , BACK TOUCH, TURN ½ LEFT

1&2 Step Forward left, Step forward right, small step back left
3&4 Step Back right, Step Back Left, small step Forward right
5-6 Rock forward Left , Recover back to the Right
7-8 Touch Left Toe Back , Turn ½ left placing weight on the Left Foot Facing 3 o'clock

ROCK SIDE RECOVER BEHIND SIDE CROSS, ROCK SIDE RECOVER BEHIND SIDE CROSS

1-2 Rock Side right , Recover on left
3&4 Step Right Behind left, Step left to side , Cross Right in Front
5-6 Rock Side Left , Recover on Right
7&8 Step Left Behind left, Step Right to side , Cross Left in Front

At the end of the 5th wall the song has a spoken pause about friends, all the dancers should Go around and greet each others as friends and...

Then restart the dance facing 3 o'clock.
