

Red Solo Cup

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Dwight Birkjær (DK) - December 2011
音樂: Red Solo Cup - Toby Keith



16 count intro

Heel, Toe, Heel, Heel hook, Heel switches, heel hook

1-4 Tap R heel diagonal fwd. Touch R toe back, Tap R heel diag. fwd. R heel hook across left.
5&6&7-8 touch R heel fwd. R beside L, L heel fwd., Touch L beside R, Touch R fwd. R heel hook
 across left.

Shuffle, Step ½ turn ,

1-8 Shuffle R-L-R, Hold, Step L fwd. , ½ turn right, step L fwd., Hold

Heel switches, lock step,

1&2&3-4 touch R heel fwd. R beside L, L heel fwd., Touch L beside R, Touch R fwd. R heel hook
 across left.
5-8 step R fwd, lock L behind R, step R fwd, step L fwd,

Step ½ turn, step, hold, 1 ¼ turn left, Hold,

1-4 step L fwd, ½ turn right, step L fwd, hold
5-8 ½ turn left stepping R back, ½ turn left stepping L fwd., ¼ turn left stepping back R, Hold

Back coaster, Jumping cross rock kick,

1-4 Step back L, step R beside L, step L fwd., Hold
5-8 Cross R in front L flick L behind R, recover L, jump back R kicking L fwd, recover L5-8

Jumping cross rock kick, Lock step, Hold,

1-4 cross R in front L flick L behind R, recover L, jump back R kicking L fwd, recover L
5-8 Step fwd R, Lock L behind R, step R fwd, Hold

Step ½ step, Hold, Full turn left, Stomp, Stomp

1-4 Step L fwd, step ½ turn R , Step L fwd, Hold
5-8 ½ turn right, ½ turn right, stomp L, stomp R

Apple Jacks x2, Jumping back rock kick, Stomp, Stomp

1-4 Weight on L heel and R foot ball twist L toe and R heel to left side, recover center
5-8 Jump back R kicking L fwd, recover L, Stomp up R, Stomp R

Tag: 32 counts. After wall 5.

Drunken sailor step, Hold x2 R-L

1-8 cross R behind L, step L beside R, Recover R, cross left behind R, step R beside L, recover
 L

Sailor step right, Hold, sailor ½ turn left step, Hold

1-8 cross R behind L, step L beside R, Recover R, Sweep L round behind R, ½ turn left stepping
 R beside L, step L fwd.

Drunken sailor step, Hold x2 R-L

1-8 cross R behind L, step L beside R, Recover R, cross left behind R, step R beside L, recover
 L

Sailor step right, Hold, Sailor ½ turn left step, hold

1-8 cross R behind L, step L beside R, Recover R, Sweep L round behind R, ½ turn left stepping
 R beside L, step L fwd.

Have Fun
