Angry Birds

拍數: 64

級數: Beginner

編舞者: BM Leong (MY) - December 2011

音樂: Angry Birds - The Bundies

Start dance on hard beats after 32 counts.

RUN FORWARD RLRL, JUMP-STEP-STEP X 2

- 1-4 Run forward on RLRL
- 5&6 Jump right on ball of right foot, step on ball of left beside right, step on ball of right beside left
- 7&8 Jump left on ball of left foot, step on ball of right beside left, step on ball of left beside right

(Place palms facing down on each side as you jump. Add some bouncing too.)

PIVOT TURN X 2, JUMP-STEP-STEP X 2

- 1-2 Step right forward, pivot 1/2 turn left
- 3-4 Step right forward, pivot 1/2 turn left
- 5&6 Jump right on ball of right foot, step on ball of left beside right, step on ball of right beside left
- 7&8 Jump left on ball of left foot, step on ball of right beside left, step on ball of left beside right

(Place palms facing down on each side as you jump. Add some bouncing too.)

RIGHT ROLLING VINE, TOGETHER, BEND AND STRAIGHTEN KNEES

- 1-4 Right rolling vine on RLR, step left together
- 5-8 Facing right diagonal, bend, straighten, bend, straighten both knees

(form a bird's beak by pressing right fingers together while placing left hand at the back like a bird's tail.)

LEFT ROLLING VINE, TOGETHER, BEND AND STRAIGHTEN KNEES

- 1-4 Left rolling vine on LRL, step right together
- 5-8 Facing left diagonal, bend, straighten, bend, straighten both knees

(form a bird's beak by pressing right fingers together while placing left hand at the back like a bird's tail.)

PADDLE 1/4 TURN LEFT X 2, BUTTOCK BACK PUSH-RECOVER X 2

- 1-2 Paddle 1/4 turn left on RL
- 3-4 Paddle 1/4 turn left on RL
- 5-6 Push buttocks back along right diagonal, recover
- 7-8 Push buttocks back along left diagonal, recover

(for counts 5-8, place both palms at the back like a bird's tail and flip fingers)

PADDLE 1/4 TURN RIGHT X 2, BUTTOCK BACK PUSH-RECOVER X 2

- 1-2 Paddle 1/4 turn right on LR
- 3-4 Paddle 1/4 turn right on LR
- 5-6 Push buttocks back along left diagonal, recover
- 7-8 Push buttocks back along right diagonal, recover

(for counts 5-8, place both palms at the back like a bird's tail and flip fingers)

"SIDE, TOGETHER, JUMP-STEP-STEP" X 2

- 1-2 Step right forward to right diagonal, step left together
- 3&4 Jump right on ball of right foot, step on ball of left beside right, step on ball of right beside left
- 5-6 Step left forward to left diagonal, step right together
- 7&8 Jump left on ball of left foot, step on ball of right beside left, step on ball of left beside right

(Place palms facing down on each side as you jump. Add some bouncing too.)

MONTEREY 1/2 TURN RIGHT, JUMP-STEP-STEP X 2

1-2 Point right to right side, turning 1/2 right step right together





牆數: 2

3-4 Point left to left side, step left together

5&6 Jump right on ball of right foot, step on ball of left beside right, step on ball of right beside left 7&8 Jump left on ball of left foot, step on ball of right beside left, step on ball of left beside right

(Place palms facing down on each side as you jump. Add some bouncing too.)

RESTART (optional) during wall 3 after 52 counts.

Contact: www.sjlinedancer.blogspot.com