

Moonlight Bay

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Ultra Beginner
編舞者: Irene Groundwater (CAN) - November 2011
音樂: Moonlight Bay - Frank McCaffrey : (CD: Something old, Something new)



Intro 32 counts – 138 BPM

Note: See You tube. To listen to music.

Pattern: Intro, (1-32) x 12, You will end facing front, then wave for 4 counts

Note: This is actually a phrased song with restarts. As this is a beginner dance this has been ignored.

[1-8] SWAY, HOLD, SWAY, HOLD, FWD, FWD, FWD, KICK

1-2-3-4 Step right as you Sway R Hold, Sway L, Hold

5-6-7-8 R forward, L forward, R forward, Kick L Foot forward

[9-16] BACK, BACK, BACK, KICK, SWAY, HOLD, SWAY, HOLD

1-2-3-4 L back, R back, L back, Kick R forward

5-6-7-8 Step right as you Sway R, Hold, Sway L, Hold

[17-24] STOMP, TAP, TAP, HEEL, STOMP, TAP, TAP, HEEL

1-2 Stomp R Ball forward (no weight), Tap R Heel

3-4 Tap R Heel, Lower R Heel (with weight)

5-6 Stomp L Ball forward (no weight), Tap L Heel

7-8 Tap L Heel, Lower L Heel (with weight)

[25-32] FWD, HOLD, BACK, HOLD, BACK, HOLD, ¼ TURN L, HOLD

1-2-3-4 R forward, Hold, L back, Hold

5-6-7-8 R Back, Hold, L forward making ¼ turn left on step, Hold

END OF DANCE

ENDING (4 counts)

(You will be facing front) Just wave hands overhead for 4 counts
