

Take A Chance On Me

拍數: 48 牆數: 4 級數: Intermediate
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音樂: Take a Chance on Me - JLS : (Album: Jukebox - 3.36)



Intro: Start on Vocals after 32 counts (20 sec.)

[1 – 9] L Fwd , Mambo ½ R, Step fwd Pivot ½ R , Scissor step , Side Rock Recover , Fwd

1 Step L fwd
2& Rock R fwd, Recover on L
3 ½ Turn R step R fwd (06.00)
4 & 5 Step L fwd, Pivot ½ Turn R, Step L across R (12.00)
6 & 7 Step R to R side, Step L next to R. Step R across L
8 & 1 Rock L to L side, Recover on R , Step L fwd

[10-17] Full Turn L, Step Fwd Pivot ¾ R, Side, Behind Side Cross Rock Recover Side Fwd

2 – 3 ½ Turn L step R back, ½ Turn L step L fwd
4 & 5 Step R fwd, Pivot ¾ Turn L , Step R to R side (03.00)
6 & 7 Step L behind R, Step R to R side, Rock L across R
8 & 1 Recover on R, Step L to L side, Step R fwd

[18-25] Mambo Step, Coaster Step, Step fwd, Pivot ¾ R, Behind, ¼ Turn L , Spiral Turn L

2 & 3 Rock L fwd, Recover on R, Step L back
4 & 5 Step R back, Step L next to R, Step R fwd
6 & 7 Step L fwd, ¾ Turn R , Step L to L side (12.00)
8 & 1 Step R behind L, ¼ Turn L step L fwd, Step R fwd and make a spiral turn L (09.00)

[26-32] Lock Step fwd, Mambo Step , Sailor ¼ L , Step fwd

2 & 3 Step L fwd, Step R behind L, Step L fwd
4 & 5 Rock R fwd , Recover on L, Step R back
6 & 7 Step L behind R with ¼ Turn L, Step R to R side, Step L fwd (06.00)
8 Step R fwd

[33-40] Rumba Box , Rock Recover , ¾ Turn L, Lock Step fwd

1 & 2 Step L to L side, Step R next to L, Step L back
3 & 4 Step R to R side, Step L next to R, Step R fwd
5 & 6 Rock L fwd, Recover on R , ½ Turn L step L fwd sweep R to the front and make another ¼ Turn L to end on the 9 o'clock wall (09.00)
7 & 8 Step R fwd, Lock L behind R, Step R fwd and sweep L to the front

[41-48] Cross Side Behind , Behind Side, Fwd , Step fwd, Pivot ½ R, Full Turn R (or walks)

1 & 2 Step L across R, Step R to R side, Step L behind R and sweep R to the Back
3 & 4 Step R behind L , Step L to L side, Step R fwd
5 – 6 Step L fwd, Pivot ½ Turn R (03.00)
7 – 8 ½ Turn R step L back, ½ Turn R step R fwd (easier option: 2 Walks fwd L – R)

Restart : Wall 2 after count 40; Start again with count 1.