

Shary-An

拍數: 48 牆數: 4 級數: Beginner - WCS motion
編舞者: Sebastiaan Holtland (NL) - December 2011
音樂: Try My Love Again - Shary-An : (New Single 2011)



16 count intro (08 Sec) - (Sequence: 48, 48, 48, 48, 44, Restart, 48, Ending).

Sec 1: [1-8] Step, ¼ R, Side, R Ankle Rock (angle roll), L Angle Rock (angle roll), ¼ R, R Angle Rock (angle roll).

1-2 Step Rf forward, turn ¼ R (3) step Lf to the left weight onto Lf.
3&4 Locked Rf behind Lf take weight onto Rf, recover on Lf, recover on Rf (Ankle Rock R).
5&6 Locked Lf behind Rf take weight onto Lf, recover on Rf, recover on Lf (Ankle Rock L).
7&8 Turn ¼ right (6) locked Rf behind Lf take weight onto Rf, recover on Lf, recover on Rf (Ankle Rock R).

Sec 2: [9-16] Step Lock, Lock Step Fwd, ½ Pivot L, ½ L, Back, ¼ L, Side.

1-2 Step Lf forward, lock Rf behind Lf weight onto Rf (6:00).
3&4 Step Lf forward, lock Rf behind Lf, step Lf forward weight onto Lf.
5-6 Step Rf forward, turn ½ left (12) taking weight onto Lf.
7-8 Turn ½ left (6) step Rf back, turn ¼ left (3) step Lf to the left weight onto Lf.

Sec 3: [17-24] Cross, Side, Sailor Heel ¼ R, Fwd Touch, Hold, ¼ R, & Cross, Hold.

1-2 Cross Rf over Lf, step Lf to the left weight onto Lf (3:00).
3&4 Step Rf behind Lf, turn ¼ right (6) step Lf to the left, touch R heel diagonal forward.
&5-6 Step Rf back in place, touch Lf forward, Hold.
&7-8 Turn ¼ right (9), cross Rf over Lf, Hold (weight onto Rf).

Sec 4: [25-32] Diag Point, Hold, Lift & Cross (optional: & Cross), Hold, Hitch, Hold, & Cross, Hold.

1-2 Point Lf L diagonal forward, Hold (9:00)
&3-4 Step Lf back in place and lift Rf up, cross Rf over Lf, Hold (optional: Cross Rf over Lf, Hold).
5-6 Hitch L knee up, Hold
&7-8 Step Lf back in place, cross Rf over Lf, Hold. (9:00)

Sec 5: [33-40] Side Rock, Recover, Sailor ¼ R, ½ Pivot L, Walks Fwd R-L.

1-2 Rock Lf to the left, recover on Rf.
3&4 Step Lf behind Rf, turn ¼ right (12) step Rf forward, step Lf forward. ****Restart****
5-6 Step forward on Rf, making a 1/2 turn to left (6) take weight onto Lf.
7-8 Stepping forward on Rf, stepping forward on Lf.

Sec 6: [41-48] 1/2 Hinge Turn R, 1/4 Turn Monterey R.

1-2 Step Rf to the right, Hold (6:00).
3-4 Turn 1/2 to right on ball off Rf (12), step Lf slightly to the left taking weight onto Lf, Hold.

Restart Here: WALL 5 after 44 counts, then start again (facing 12 o'clock)

5-6 Point Rf out to the right side, pivot 1/4 right (3) step Rf beside Lf.
7-8 Point Lf out to the left side, step Lf beside Rf taking weight onto Lf (3:00).

Start again and have fun!