

One Heart

拍數: 32 牆數: 4 級數: Novice / Improver
編舞者: Yonne Emalda - November 2011
音樂: One Heart - Céline Dion



Intro: 24 counts

Grapevine, Touch, Side Behind, ¼ Turn, Touch

- 1-4 Step R foot to R side, cross L foot behind R foot, step R foot to R side, touch L toes beside R foot
5-8 Step L foot to L side, cross R foot behind L foot, turn ¼ L stepping L foot forward, touch R toes beside L foot

Rolling Vine, Heel Grind, ¼ Turn, Coaster Step

- 1-4 Turn ¼ R stepping R foot forward, turn ½ R stepping L foot back, turn ¼ R stepping R foot to R side, touch L toes beside R foot
5-6 Dig L heel forward, fan L toes to L side and turn ¼ L
7&8 Step L foot back, step R foot beside L foot, step L foot forward

Heel Heel Toe Toe, Jazz Box ¼ Turn

- 1-4 Dig R heel forward X2, touch R toes back X2
5-8 Cross R foot over L foot, turn ¼ R stepping L foot back, step R foot to R side, step L foot beside R foot ***

Rocking Chair, Walk Forward X2, Heels Split

- 1-4 Rock R foot forward, recover weight on L foot, rock R foot back, recover weight on L foot
5-6 Walk forward on R foot, walk forward on L foot
7-8 Split both heels out, recover position to neutral

Restarts: On wall 3, wall 7 and wall 10, dance up to 24 counts and start again.

Tag: After wall 9, add:

Hips Bump

- 1-4 Bump hips to R side, L side, R side, L side