

Alright

拍數: 32 牆數: 4 級數: Improver ECS
編舞者: Linda Sansoucy (CAN) - September 2006
音樂: It's Alright - Trisha Yearwood



[1-8] Side Shuffle, Rock Step Back, Grapevine ¼ Turn Left, Scuff

1&2 Step right to right side. Close left beside right. Step right to right side.
3-4 Rock back on right. Rock forward onto left
5-6-7-8 Step left to left side. Step right behind left. Step left ¼ turn left. Scuff right forward. (9:00)

[9-16] 2X Military Pivot, Kick Fwd, Step Fwd + Clap, Kick Fwd, Step Fwd + Clap

1-2 Step right forward. Pivot ½ turn left
3-4 Step right forward. Pivot ½ turn left (9:00)
5-6 Kick right forward, Step right forward + Clap
7-8 Kick left forward, Step left forward + Clap

[17-24] Toe Strut ¼ Turn Right, Toe Strut Fwd, Jazz Box, Step Together

1-2 Step right toe ¼ turn right. Lower right heel (12:00) Turn your body ¼ turn left. Face to the wall 9:00
3-4 Step left toe in place. Lower left heel (9:00)
5-6-7-8 Cross right over left. Step left back. Step right side. Step left beside right.

[25-32] Triple Step, Triple Step, Rocking Chair

1&2 Step right at a slight diagonal right. Close left beside right. Step right to right side.
3&4 Step left at a slight diagonal left. Close right beside left. Step left to left side.
5-6 Rock back on right, recover forward on left.
7-8 Rock forward on right, recover on left.

REPEAT
