Dancin' in Rain



拍數: 32

牆數:2

級數: Upper Beginner / Easy Intermediate

編舞者: James Wilson - November 2011

音樂: Dance in the Rain - Carter & Carter : (Album: To the moon and back ,2011-Crestway Music)

Begin on vocals

[1-8] CROSS, SIDE, BEHIND-SIDE-CROSS, SIDE 1/8 ROCK, SHUFFLE

- 1, 2 Cross L over R, R to side
- 3 & 4 L behind R, R to side, cross L over R
- 5, 6 R to side, turning 1/8 angle left, recover on to L
- 7 & 8 Shuffle R,L,R

[9-16] SIDE, BEHIND, 1/8 FORWARD-LOCK-FORWARD, 1/8 CROSS ROCK, SHUFFLE (back to front)

- 1, 2 L to side, R behind L
- 3 & 4 Step forward L, 1/8 angle left, lock R behind L, step forward L
- 5, 6 Cross R over L, turning 1/8 angle left, recover on to L
- 7 & 8 Shuffle R,L,R facing now to front

[17-24] 2x1/4 TURN SLOW PADDLES, LEFT CROSS SAMBA, RIGHT CROSS SAMBA

- 1, 2 Slow paddle to right; step L forward, turning 1/4 right, take weight onto R
- 3, 4 Slow paddle to right; step L forward, turning 1/4 right, take weight onto R
- 5 & 6 Cross L over R, step R to side, rock weight onto L
- 7 & 8 Cross R over L, step L to side, rock weight onto R

[25-32] ROCK FORWARD, LOCK-BACK-LOCK, 1/2 PIVOT LEFT, 1/2 TURN TRIPLE LEFT

- 1, 2 Rock L forward, recover on to R
- 3 & 4 Back L over R, back R, back L over R
- 5, 6 Step back R, turn 1/2 left onto L
- 7 & 8 Triple turn ; 1/2 turn left, R,L,R

START AGAIN