

Lonely Man

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Peter Jones (UK) & Anna Lockwood (UK) - October 2011
音樂: I Just Want a Lover - Will Young : (Album: Echoes)



Starts on vocals "I Just Want A Lover" after 8 counts.

S1: Kick Ball Step, Pivot ½, Coaster Step, Step, ¼ Point, Switch Point.

1&2 Kick R Forward, Step R Next To L, Step Forward Onto L.
3 Pivot ½ R Keeping Weight On L.
4&5 Step Back Onto R, Step L Next To R, Step Forward Onto R.
6 Step Forward Onto L.
7&8 Turn ¼ L Pointing R To R Side, Step R Next To L, Point L To L Side.

S2: Sailor Step, ¼ Sailor Step, Rock, Recover, Triple Full Turn.

1&2 Step L Behind R, Step R To R Side, Step L To L Side.
3&4 ¼ R Stepping R Behind L, Step L To L Side, Step R To R Side.
5-6 Step Forward Onto L, Recover Weight Onto R.
7&8 Full Turn L Stepping L, R, L.

S3: Side, Together, Chasse ¼ R, Step ¼, Cross Shuffle.

1-2 Step R To R Side, Step L Next To R.
3&4 Step R To R Side, Step L Next To R, Step ¼ R Onto R.
5-6 Step Forward Onto L, Pivot ¼ R Onto R.
7&8 Cross L Over R, Step R To R Side, Cross L Over R.

S4: 2 x Prissy Walks, ¼ Back, Side, Cross, 2 x Prissy Walks, ¼ Back, Side, Cross.

1-2 Step Forward Onto R Crossing Slightly Over L, Step Forward Onto L Crossing Slightly Over R.
3&4 Step ¼ L Back Onto R, Step L To L Side, Cross R Over L.
5-6 Step Forward Onto L Crossing Slightly Over R, Step Forward Onto R Crossing Slightly Over L.
7&8 Step ¼ R Back Onto L, Step R To R Side, Cross L Over R.

S5: Hip Sways x 2, Chasse ¼, Rock, Recover, Triple 1 ½ Turn.

1-2 Step R To R Side Swaying Hip To The R, Step L To L Side Swaying Hip To The L.
3&4 Step R To R Side, Step L Next To R, Step ¼ R Onto R.
5-6 Rock Forward Onto L, Recover Weight Onto R.
7&8 Step ½ L Forward Onto L, Step ½ L Back Onto R, Step ½ L Forward Onto L.

S6: Cross, Back, Rock Back, Recover, Shuffle 1/2 , Coaster Step.

1-2 Cross R Over L, Step Back Onto L.
3-4 Rock Back Onto R, Recover Weight Onto L.
5&6 Step ¼ L Onto R, Step L Next To R, Step ¼ L Back Onto R.
7&8 Step Back Onto L, Step R Next To L, Step Forward Onto L.

Tag & Restart On The End Of Wall 2 (Facing 6:00)

Forward Mambo, Back Mambo.

1&2 Rock Forward Onto R, Recover Weight Onto L, Step R Next To L.
3&4 Rock Back Onto L, Recover Weight Onto R, Step L Next To R.

Have Fun and Dance With A Smile ;0)

