

# On The Floor

**COPPER KNOB**  
STEPSHEETS

拍數: 80      牆數: 2      級數: Phrased Intermediate  
編舞者: Joanne Wong (MY) - November 2011  
音樂: On the Floor (feat. Pitbull) - Jennifer Lopez



Intro: 2×8 when the heavy beat kicks - Phrasing: AAA BA\*AA BA\*AA

## Part A (40 counts)

### SET 1: CORTA JACA, L SAILOR, R SAILOR FULL TURN

1&2&      Dig R heel to diagonal L forward, Step LF back, Press R ball to diagonal R back, Step LF fwd  
3&4      Dig R heel to diagonal L forward, Step LF back, Step RF to R  
5&6      Step LF behind RF, Step RF next to LF, Step LF to L  
7&8      Execute 1/2R stepping RF back of LF, 1/2R stepping LF next to RF, Cross RF over LF  
(The corta jaca motion in counts 1-4 is moving to the right)

### SET 2: LEFT MAMBO, RIGHT MAMBO, 1/4 BACK ROCK SIDE, 1/4R BACK ROCK SIDE

1&2      Cross LF over RF, Step RF to R, 1/8L stepping LF back, Hitch R knee (7:30)  
3&4      Step RF to R, Recover on LF, Close RF next to LF  
5&6      1/4L rocking LF back, Recover on RF, 1/4R stepping LF to L  
7&8      1/4R rocking RF back, Recover on LF, 1/4L stepping RF to R

### SET 3: PROGRESSIVE TURNS

1&2&      Cross LF over RF, Step RF to R, 1/8L stepping LF back, Hitch R knee (10:30)  
3&4      Step back on RF, 1/8L stepping LF to L, Step RF fwd (9:00)  
5&6&      Cross LF over RF, Step RF to R, 1/8L stepping LF back, Hitch R knee (7:30)  
7&8      Step back on RF, 1/8L stepping LF to L, Step RF fwd (6:00)

### SET 4: 2X BOTA FOGOS, CROSS ROCK, SIDE ROCK, CROSS ROCK, SIDE

1&2      Cross LF over RF, Rock RF to R, Recover on LF  
3&4      Cross RF over LF, Rock LF to L, Recover on RF  
5&6&      Cross Rock LF over RF, Recover on RF, Rock LF to L, Recover on RF  
7&8      Cross Rock LF over RF, Recover on RF, Step LF to L (A\* - Restart after here)

### SET 5: 4X 1/4L PADDLE TURNS, HEAD ROLL, BODY/HIP ROLL

1&2&      Step RF fwd, 1/4L on LF, Step RF fwd, 1/4L on LF(12:00)  
3&4&      Step RF fwd, 1/4L on LF, Step RF fwd, 1/4L on LF(12:00)  
5-6      Step RF fwd and throw upper torso to left and roll up in a head roll  
7-8      Continue head roll with the body/hip roll and sit on LF hip

## Part B (40 counts)

### SET 1: BODY ROLL, HIP BUMPS, 1/2R PIVOT, FWD SHUFFLE

1-2      Step RF fwd and push R hip fwd into a reverse body roll  
3&4      Hip bumps forward  
5-6      Step LF fwd, 1/2R pivot weight on RF(12:00)  
7&8      Step LF fwd, step RF next to LF, Step LF fwd

### SET 2: REPEAT SET 1 (end facing 6:00)

### SET3: LAMBADA SWAYS, 1/4L LAMBADA SWAYS

1-4      Step RF to R and do 4 hip sways R, L, R, L  
5-8      1/4L Step RF to R and do 4 hip sways R, L, R, L (3:00)

### SET 4: 1/4L LAMBADA SWAYS, 1/4 LAMBADA SWAYS

1-4 1/4L Step RF to R and do 4 hip sways R, L, R, L (12:00)  
5-8 1/4L Step RF to R and do 4 hip sways R, L, R, L(9:00)

**SET 5: 1/4L LAMBADA SWAYS, RIGHT HIP BUMPS, L HIP BUMPS**

1-4 1/4L Step Rf to R and do 4 hip sways R, L, R, L (6:00)  
5&6 Bump right hip fwd, Drop hip, Step RF fwd  
7&8 Bump left hip fwd, Drop hip, step LF fwd

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