

Comin' On Strong

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Larry Bass (USA) - September 2011
音樂: Cowboy Up - Vince Gill



LONG STEP SLIDE, ROCK & HEEL; ROCK & HEEL & CROSSOVER TRIPLE STEP

1-2 Step Right a long step to right side; Slide Left toward Right
3&4 Step Left behind Right, Rock forward onto Right, Touch Left heel forward at left diagonal
&5-6 Step Left behind Right, Rock forward onto Right, Touch Left heel forward at left diagonal
& Step Left slightly back
7&8 Step Right across Left, Step Left slightly to left side, Step Right across Left

ROLLING ½ TURN, TRIPLE STEP FORWARD; HIP WALK, ½ TURN, HIP WALK

1-2 Turn ¼ turn right while stepping Left back; Turn ¼ turn right while stepping Right to right side
3&4 Triple step forward Left, Right, Left
5&6 Touch Right forward & bump hips Right, Left, Right
& Turn ½ turn left on ball of Right
7&8 Touch Left forward & bump hips Left, Right, Left

KICK-BALL-CROSS & HEEL & CROSS; WIZARD STEPS

1&2 Kick Right forward, Step Right slightly back, Step Left across Right
&3 Step Right slightly back to right side, Touch Left heel forward at left diagonal
&4 Step Left slightly back to left side, Step Right across Left
5-6 Step Left forward at left diagonal; Lock Right behind Left
& Step Left slightly to left side
7-8 Step Right forward at right diagonal; Lock Left behind Right
& Step Right slightly to right side

FORWARD ROCK STEP, ¼ TURN SIDE TRIPLE STEP; SYNCOPATED WEAVE

1-2 Step Left forward; Rock back onto Right
3&4 Turn ¼ turn left & triple step Left, Right, Left to left side
5& Step Right across Left, Step Left to left side
6& Step Right behind Left, Step Left to left side
7& Step Right across Left, Step Left to left side
8& Step Right behind Left, Step Left to left side

START OVER
