

Old School Bop

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 4 級數: High Beginner / Improver
編舞者: Sue Ann Ehmann (USA) - November 2011
音樂: Old School Bop - Scooter Lee : (CD: I'm Gonna Love You Forever - iTunes)



Intro: 32 counts – Begin on lyrics

[1-8] □ CHASSE (TRIPLE) R, ROCK BACK, RECOVER, CHASSE (TRIPLE) L, ROCK BACK, RECOVER

1&2 Step R to right; Step L beside R; Step R to right
3-4 Rock L back, Recover on R
5&6 Step L to left; Step R beside L; Step L to left
7-8 Rock R back; Recover on L

[9-16] □ DIAGONAL TOE STRUTS (RIGHT AND LEFT), TRIPLE BACK 2X

1-2 Touch R toe to forward right diagonal; Lower R heel (weight to R)
3-4 Touch L toe to forward left diagonal; Lower L heel (weight to L)
5&6 Step R back; Step L next to R; Step R back
7&8 Step L back; Step R next to L; Step L back

[17-24] □ ROCK BACK, RECOVER, TRIPLE 1/2 LEFT, ROCK BACK, RECOVER, TRIPLE 1/2 RIGHT

1-2 Rock R back; Recover on L
3&4 Turn 1/4 left step R to right; Step L beside R; Turn 1/4 left step R back
5-6 Rock L back; Recover on R
7&8 Turn 1/4 right step L to left; Step R beside L; Turn 1/4 right step L back

[25-32] □ WALK BACK 2X, COASTER STEP, STEP, 1/4 RIGHT, TRIPLE FORWARD

1-2 Walk back R; Walk back L
3&4 Step R back; Step L beside R; Step R forward
5-6 Step L forward; Turn 1/4 right step R forward
7&8 Step L forward; Step R beside L; Step L forward

BEGIN AGAIN!

Last Update - 7th April 2014
