

The Støvlø Dans

COPPER KNOB
STEPSHEETS

拍數: 76 牆數: 1 級數: Improver
編舞者: Jytte Arbjerg - 2009
音樂: The Støvlø Dance - De Nattergale : (CD: The Julekalender)



Start at first beat.

[1-8] Left shuffle, back rock, kick ball cross x 2

1&2 Step left to left, right together, left to left
3, 4 rock right back, recover left
5&6 kick right, place right on floor, cross left over right
7&8 kick right, place right on floor, cross left over right

[9-16] Right shuffle, back rock, kick ball cross x 2

1&2 Step right to right, left together, right to right
3, 4 rock left back, recover right
5&6 kick left, place left on floor, cross right over left
7&8 kick left, place left on floor, cross right over left

[17-24] Full turn left into side shuffle, jazz box

1, 2 turn $\frac{1}{4}$ left on left, turn $\frac{1}{2}$ with right,
3&4 turn $\frac{1}{4}$ left, right together, left to left
5, 6 cross right over left, step back on left
7, 8 right to right, cross left over right

[25-32] Full turn right into side shuffle, jazz box

1, 2 turn $\frac{1}{4}$ right on right, turn $\frac{1}{2}$ with left,
3&4 turn $\frac{1}{4}$ right, left together, right to right
5, 6 cross left over right, step back on right
7, 8 step left to left, touch right

[33-40] Out, out, in, in, out, out, in, in, hitch, hitch, flick, flick (Boot slapping)

&1&2&3&4 Out, out, in, in, out, out, in, in, (weight ends on right)
5, 6 Hitch left , slap right hand on left thigh, hitch right, slap left hand on right thigh
7, 8 flick left foot, slap left hand on boot (Støvlø), flick right foot, slap right hand on boot (Støvlø)

[41-48] Out, out, in, in, out, out, in, in, Right Shuffle forward, step turn,

&1&2&3&4 Out, out, in, in, out, out, in, in (weight ends on left)
5&6 step forward on right, left together, forward on right
7, 8 step forward left, $\frac{1}{2}$ turn right

[49-56] Left shuffle forward, step turn, step turn x 2

1&2 step forward on left, right together, step forward on left
3, 4 step forward on right, $\frac{1}{2}$ turn left
5, 6 step forward on right, $\frac{1}{2}$ turn left
7, 8 step forward on right, $\frac{1}{2}$ turn left

[57-60] Jazz box

1, 2 cross right over left, step back on left
3, 4 step right to right, touch left beside right

[61-68] Side step, point/kick x 4, (left. right, left. right)

1, 2 step left to left, kick or point right in front of left

3, 4 step right to right, kick or point left in front of right
5, 6 step left to left, kick or point right in front of left
7, 8 step right to right, kick or point left in front of right

[69-76] left shuffle forward, step turn, right shuffle forward, step turn.

1&2 step forward left, right together, step forward left
3, 4 forward right, ½ turn left
5&6 step forward right, left together, step forward right
7, 8 step forward left, ½ turn right

TAG: on 4th wall: After "side step, point/ kick x 4" repeat from step 33: out, out (Boot slapping)

Ending: from count 61 "Side step, point/Kick x 2" make slow out, out, in, in, out, out, in, in and touch right heel (støvle/boot) forward, pointing toe to the right(follow the beat)
