

Run to Paradise

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Chris Mann (AUS) - November 2011
音樂: Run to Paradise - Choirboys : (Album: Big Bad Noise)



This is a 4 wall, 32 count dance with two tags.
Begin with weight on left foot, after 32 counts on vocals.

[1-8] Out out, clap, stomp, stomp, kick ball change x2

&1 Jump onto right, left
2, 3, 4 Hold and clap, stomp right foot twice
5&6, 7&8 Right foot kick ball change twice

[9-16] Shuffle right, rock back, recover, shuffle left, rock, recover

1&2 Shuffle to the right stepping right, left, right
3, 4 Rock back onto left foot, recover weight on right
5&6 Shuffle to the left stepping left, right, left
7, 8 Rock back onto right foot, recover weight on left

[17-24] Pivot, shuffle, pivot, shuffle

1, 2 Step forward on right foot, pivot ½ turn left transferring weight to left foot
3&4 Shuffle forward stepping right, left, right
5, 6 Step forward on left foot, pivot ½ turn right transferring weight to right foot
7&8 Shuffle forward stepping left, right, left

[25-32] Step, clap, pivot, clap, walk forward (**)

1, 2 Step forward on right foot, hold and clap
3, 4 Pivot ¼ turn left transferring weight to left foot, hold and clap
5, 6, 7, 8 Walk forward right, left, right, left

[32] Repeat dance facing new wall

TAGS: After walls 6 and 12 - Repeat the last 8 counts. (**)

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