The Chance of Love

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拍數: 64 牆數: 4 級數: Improver 編舞者: Sebastiaan Holtland (NL) - November 2011 音樂: Take A Chance On Me (Wideboys Radio Edit 2011) - JLS 16 count intro (07 Sec) - (Sequence: 64, 48, 1st Restart, 64, 48, 2nd Restart, 64, 64, 40, Ending). Sec 1: [1-8] Side, Bend, Up, Heel Grind 1/4 R, Back Rock, Recover, 1/2 L, Back, Kick. Step Rf to the right, bending both knees (12:00) Coming up, Heel grind with Rf (toes from left to right) turn 1/4 turn right (3) step Lf back weight onto Lf. Rock Rf back, recover on Lf. Turn ½ left (9) step Rf back, kick Lf forward weight onto Rf. Sec 2: [9-16] Back Rock, Recover, Step, Side, Swivet, Roll Back On To Heels. Rock Lf back, recover on Rf. (9:00) Step Lf forward, step Rf to the right weight onto both feet. Weight on R toe and L heel twist both feet so toes are pointing left, recover to centre. Roll back on to the heels pushing bottom back, step both feet back in place take weight onto Lf. (9:00) Sec 3: [17-24] Jazz Box 1/4 R, Heels Fwd Fwd, Back, Cross. Cross Rf over Lf, turn 1/4 right (12) step back on Lf weight onto Lf. Step Rf to the right, step Lf forward weight onto Lf. Step diagonal forward on R heel, step diagonal forward on L heel. Step back on Rf, cross Lf over Rf weight onto Lf. (12:00) Sec 4: [25-32] Long Side Step, Lunge, Hold, Together, Hold, ¼ L, Step, Side, Sailor Step. Step Rf long to right lunge right to side, Hold. Step Lf next to Rf, Hold. (weight onto Rf) Turn ¼ right (9) step Lf forward, step Rf to the right slightly R diagonal. Step Lf behind Rf, step Rf to the right, step Lf forward weight onto Lf. (9:00) Sec 5: [33-40] Side & L Hitch, Hold, ¼ L, Replace & R Hitch, Hold, Replace & L Hitch, Hold, Replace & R Hitch, Hold. Step Rf slightly to the right, hitch L knee up, Hold. (9:00) Turn ¼ left (6) step Lf slightly forward back in place, hitch R knee up, Hold. Step Rf back in place, hitch L knee up, Hold. Step Lf back in place, hitch R knee up, Hold. (6:00) Sec 6: [41-48] Side Rock, Recover, Behind Side Cross, L Diag Rock Forward, Recover, Sailor 1/4 R. Rock Rf to the right, recover on Lf. Step Rf behind Lf, step Lf to the left, cross Rf over Lf weight onto Rf. Rock Lf slightly diagonal L, recover on Rf. Step Lf behind Rf, turn ¼ right (9) step Rf forward, step Lf forward weight onto Lf. Restart here WALL 2/4 after 48 count (1st Facing 6 o'clock / 2nd facing 12 o'clock) than start again. Sec 7: [49-56] 1/4 R, Side, Together, Heel Swivel L, 1/4 L, Step, Together, Toe Swivel R. Turn ¼ right (12) step Rf to the right, step Lf next to Rf. With L toes on the floor swivel L heel out, swivel L heel in weight onto Rf.

Turn 1/4 left (9) step Lf forward, step Rf next to Lf.

With R heel on the floor swivel R toe out, swivel R toe in weight onto both feet. (9:00)

Sec 8: [57-64] Jump Both Feet Apart, Hitch, ¼ R, Side, Hitch, Side, Hold, Together, ¼ L, Step.

&1-2 Jump both feet apart (&1), hitch R knee up.

3-4 Turn ¼ right (12) step Rf to the right, hitch L knee up.

5-6 Step Lf to the left, Hold.

&7-8 Step Rf next Lf, turn ¼ left (9) step Lf slightly forward, Hold (weight onto Lf)

Start again and have fun!