

# 4 to 1

拍數: 32      牆數: 4      級數: Improver  
編舞者: Marie Sørensen (TUR) & Roz Chaplin (UK) - November 2011  
音樂: 4 to 1 in Atlanta - Tracy Byrd



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## Intro: 32 Counts

### Step ½ Turn, Step Hold & Clap, Step ¼ Turn, Cross, Hold & Clap

1-2      Step fwd. Right, ½ turn Left, step fwd. Left  
3-4      Step fwd. Right, hold & clap  
5-6      Step fwd. Left, ¼ turn Right (Weight on Right)  
7-8      Cross Left in front of Right, hold & clap (09:00)

### Grapevine Right, Cross, Side, Rock, Recover, Cross, Side

1-2      Step Right to Right side, cross Left behind Right  
3-4      Step Right to Right side, cross Left over Right  
5-6      Rock Right to Right side, recover onto Left  
7-8      Cross Right over Left, step Left to Left side

**Restart the dance here during wall 5 (09:00)**

### Point. Touch, Point, Hold, Coaster Step, Hold

1-2      Point Right to Right side, touch Right beside Left  
3-4      Point Right to Right side, hold  
5-6      Step back on Right, step Left beside Right  
7-8      Step fwd. Right, hold (09:00)

### Paddle ¼ Turn, Paddle ¼ Turn, Jazz Box, Touch

1-2      Step forward Left, Pivot ¼ turn Right  
3-4      Step forward Left, Pivot ¼ turn Right (03:00)  
5-6      Cross Left over Right, step back on Right  
7-8      Step Left to Left side, Touch Right beside Left (03:00)

**Restart: During wall 5, after 16 counts, start the dance from the beginning – (09:00)**

**Have Fun!**

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