

It Looks Easy

拍數: 48 牆數: 1 級數: High Beginner / Low Intermediate
編舞者: Sandy Goodman (USA) - November 2011
音樂: Easy (feat. Natasha Bedingfield) - Rascal Flatts



Intro: 24 counts, start dancing on lyrics.

Step Forward Left, Right Knee In, Kick Side Right, Sweep ¼ Right, Slow Coaster Step

1 - 3 Step Left forward (1), Bring Right knee in towards left leg (2), Kick Right side right
4 - 6 Sweep Right into a ¼ turn- Step Right back (4), Step Left beside right (5), Step Right forward
(6) 3:00

Step Forward Left, Right Knee In, Kick Side Right, Sweep ¼ Right, Slow Coaster Step

1 - 3 Step Left forward (1), Bring Right knee in towards left leg (2), Kick Right side right
4 - 6 Sweep Right into a ¼ turn- Step Right back (4), Step Left beside right (5), Step Right forward
(6) 6:00

Slow Forward Coaster, Slow Back Coaster

1 - 3 Step Left forward (1), Step Right beside left (2), Step Left back (3)
4 - 6 Step Right back (4), Step Left beside right (5), Step Right forward (6)

Step Forward (x2), Pivot ½ Turn Left, Step Forward (x2), Pivot ½ Turn Right

1 - 3 Step Left forward (1), Step Right forward (2), Pivot ½ turn left- weight Left (3) 6:00
4 - 6 Step Right forward (4), Step Left forward (5), Pivot ½ turn right- weight on Right (6) 12:00

Step Forward Left, Right Knee In, Kick Side Right, Sweep ¼ Right, Slow Coaster Step

1 - 3 Step Left forward (1), Bring Right knee in towards left leg (2), Kick Right side right
4 - 6 Sweep Right into a ¼ turn- Step Right back (4), Step Left beside right (5), Step Right forward
(6) 3:00

Step Forward Left, Right Knee In, Kick Side Right, Sweep ¼ Right, Slow Coaster Step

1 - 3 Step Left forward (1), Bring Right knee in towards left leg (2), Kick Right side right
4 - 6 Sweep Right into a ¼ turn- Step Right back (4), Step Left beside right (5), Step Right forward
(6) 6:00

Forward Turning Basic

1 - 3 Step forward Left (1), Turn ½ left- Step Right together (2), Step Left together (3) 6:00
4 - 6 Step Right back (4), Step Left beside right (5), Step Right forward (6)

Forward Turning Basic

1 - 3 Step forward Left (1), Turn ½ left- Step Right together (2), Step Left together (3) 12:00
4 - 6 Step Right back (4), Step Left beside right (5), Step Right forward (6)

Begin Again!!!!

Tag: Happens only once right after you finish the dance the second time through.

You will do these 12 counts

Cross Over, Side Rock-Recover, Cross Over, Side Rock-Recover

1 - 3 Cross Left over right (1), Rock Right side right (2), Recover onto Left (3)
4 - 6 Cross Right over left (4), Rock Left side left (5), Recover onto Right (6)

Cross Over, Side Rock-Recover, Cross Over, Side Rock-Recover

1 - 3 Cross Left over right (1), Rock Right side right (2), Recover onto Left (3)
4 - 6 Cross Right over left (4), Rock Left side left (5), Recover onto Right (6)

