

Benvenuto

拍數: 64 牆數: 4 級數: High Improver / Intermediate
編舞者: Karl-Harry Winson (UK) - November 2011
音樂: Benvenuto - Laura Pausini : (Album: Benvenuto)



Intro: 16 Counts from the Piano instrumental (Start on Lyrics).....BPM: 124

Right Jazz Box-Cross. Side Rock. Right Cross Shuffle.

1 – 4 Cross Right over Left. Step back on Left. Step Right to Right side. Cross Left over Right.
5 – 6 Rock Right to Right side. Recover weight on Left.
7&8 Cross Right over Left. Step Left to Left side. Cross Right over Left.

1/2 turn Right. Left Chasse. Back Rock. Right Kick-Ball-Step.

1 – 2 Make 1/4 Right stepping Left back. Make 1/4 Right stepping Right to Right side slightly hitch
Left Knee (6.00).
3&4 Step Left to Left side. Close Right beside Left. Step Left to Left side.
5 – 6 Rock back on Right. Recover weight forward on Left.
7&8 Kick Right forward. Step Right beside Left. Step forward on Left.

***Restart here on Wall 4 (9.00)**

Step. Forward Rock. 1/2 turn Left. 1/4 turn Left. Left Sailor Step. Cross Step.

1 Walk forward on Right.
2 – 3 Rock forward on Left. Recover weight back on Right.
4 – 5 Make 1/2 Left stepping Left forward. Make 1/4 Left stepping Right to Right side (9.00).
6&7 Cross Left behind Right. Step Right to Right side. Step Left out to Left side.
8 Cross Step Right over Left.

Side-Close. Forward Shuffle. Right Jazz Box-Cross.

1 – 2 Step Left to Left side. Close Right beside Left.
3&4 Step Left forward. Close Right beside Left. Step forward on Left.
5 – 8 Cross Right over Left. Step back on Left. Step Right to Right side. Cross step Left over Right.

***Restart here on Wall 2 (12.00)**

Right Side Rock. Cross Shuffle. Left Side Rock. Cross Shuffle.

1 – 2 Rock Right to Right side. Recover weight on Left.
3&4 Cross Right over Left. Step Left to Left side. Cross step Right over Left.
5 – 6 Rock Left to Left side. Recover weight on Right.
7&8 Cross Left over Right. Step Right to Right side. Cross step Left over Right.

Side-Close. Right Shuffle back. Back Rock. Full turn Right.

1 – 2 Step Right to Right side. Close Left beside Right.
3&4 Step Right back. Close Left beside Right. Step back on Right.
5 – 6 Rock back on Left. Recover weight forward on Right.
7 – 8 Make 1/2 turn Right stepping back on Left (3.00). Make 1/2 turn Right stepping Right forward
(9.00).

(Can Replace Count 7 – 8 with 2 walks forward stepping: Left, Right).

Step Pivot 1/2 turn. Syncopated Weave Right. Side Rock.

1 – 2 Step Left forward. Pivot 1/2 turn Right (3.00).
3 – 4 Cross Left over Right. Step Right to Right side.
5&6 Cross Left behind Right. Step Right to Right side. Cross Left over Right.
7 – 8 Rock Right to Right side. Recover weight on Left.

Syncopated Weave Left. Side Rock. Left Coaster Step.

- 1 – 2 Cross Right over Left. Step Left to Left side.
3&4 Cross Right behind Left. Step Left to Left side. Cross Right over Left.
5 – 6 Rock Left to Left side. Recover weight on Right.
7&8 Step back on Left. Step Right beside Left. Step forward on Left.

Restarts:

On Wall 2, dance the first 4 Sections (up to and including the Right Jazz Box) and restart the dance (12.00).

On Wall 4, dance the first 2 Sections (up to and including the Kick-ball-Step) and restart the dance (9.00).
