Farmer's Waltz (P)

級數: Partner / Circle

編舞者: Greywolf (NL) & Wiya Wambli (NL) - November 2011

音樂: Farmer's Blues - Marty Stuart & Merle Haggard

Alt. Music:-

The Foster Martin Band – Cowboy's Last Ride (95 BPM) Chris Ledoux – Five Dollar Fine (124 BPM)

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Sweetheart Position

BASIC WALTZ STEPS FWD, BASIC WALTZ STEPS BACK ¼ TURN R

- 1-3 LF step forward RF step next to LF LF step next to RF
- 4-6 RF step back ¼ turn right LF step next to RF RF step next to LF (OLOD)

BASIC WALTZ STEPS 1/4 TURN L, 4 X (make a whole circle as a couple)

(Man makes little steps & Lady makes bigger steps)

- 7-9 LF step fwd ¼ turn left RF step next to LF LF step next to RF (LOD) }
- 10-12 RF step fwd ¼ turn left LF step next to RF RF step next to LF (ILOD) }Sweetheart
- 13-15 LF step fwd ¼ turn left RF step next to LF LF step next to RF (RLOD) } Position
- 16-18 RF step fwd ¼ turn left LF step next to RF RF step next to LF (OLOD) }

STEP L, SLIDE, TOUCH, BASIC WALTZ STEPS FWD ¼ TURN L

- 19-21 LF step left RF slide to LF RF touch toe next to LF
- (Man makes little steps & Lady makes bigger steps)

(Lady is now in front of the Man = Indian Position OLOD)

22-24 RF step forward ¼ turn left – LF step next to RF – RF step next to LF (Sweetheart Position)

STEP FWD, TOUCH R, HOLD, STEP FWD, TOUCH L TOE BACK 2X

- 25-27 LF step forward RF touch toe to the right Hold
- 28-30 RF step forward LF touch toe back LF touch toe back

1/2 TURN L, 1/2 TURN L (LOD)

31-33 LF step fwd – RF step next to LF ¼ turn left – LF step next to RF ¼ turn left

(Release L-hands, R-hands over lady's head. Hold L-hands.

L-H are now in front and R-H are at the back)

34-36 RF step back – LF step next to RF ¼ turn left – RF step next to LF ¼ turn left (Release R-H, L-H over lady's head back into Sweetheart Position)

1/2 TURN R, 1/2 TURN R, (RLOD)

37-39 LF step back – RF step next to LF ¼ turn right – LF step next to RF ¼ turn right (Release R-hands, L-hands over lady's head. Hold R-hands.

R-H are now in front and L-H are at the back)

40-42 RF step forward – LF step next to RF ¼ turn right – RF step next to LF ¼ turn right (Release L-H, R-H over lady's head back into Sweetheart Position)

STEP, LOCK, STEP, STEP, LOCK, STEP

- 43-45 LF step forward RF cross behind LF LF step forward
- 46-48 RF step forward LF cross behind RF RF step forward

Start over.



拍數: 48

牆數:0