

Mama Do

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Cathy Hodgson (UK) - June 2009
音樂: Mama Do (Uh Oh, Uh Oh) - Pixie Lott



Intro: quick (uh oh, uh oh, 6, 7, 8)

STEP SLIDE BALL CHANGE, CHASSE LEFT, ROCK, RECOVER, TURN ¼ RIGHT

1-2 Step right to side, slide left up to right
&3 Weight to left, cross right over left
4&5 Chassé side left, right, left
6-7 Rock back diagonally right, recover to left
8 Step right forward as you turn ¼ right

STEP SLIDE BALL CHANGE, CHASSE RIGHT, ROCK, RECOVER, TURN ¼ RIGHT

1-2 Step left to side, slide right up to left
&3 Weight to right, cross left over right
4&5 Chassé side right, left, right
6-7 Rock back diagonally left, recover to right
8 Step left back as you turn ¼ right

SIDE STEP RIGHT, HOLD, BALL SIDE, TOUCH (RIGHT AND THEN LEFT)

1-2 Step right to side, hold
&3-4 Step left together, step right to side, touch left together
5-6 Step left to side, hold
&7-8 Step right together, step left to side, touch right together

RIGHT SHUFFLE, STEP, ½ TURN, LEFT SHUFFLE, STEP, ¼ TURN

1&2 Chassé forward right, left, right
3-4 Step left forward, half turn over right shoulder (weight on right)
5&6 Chassé forward left, right, left
7-8 Step right forward, turn ¼ left (weight to left)

WEAVE TO THE LEFT, SWEEP FROM FRONT TO BACK, BEHIND, SIDE, CROSS, POINT

1-2 Cross right over left, step left to side
3-4 Cross right behind left, sweep left around and behind right
5-6 Cross left behind right, step right to side
7-8 Cross left over right, point right out to right side (no weight)

CROSS POINT, CROSS POINT, REVERSE CROSS POINT, CROSS POINT

1-2 Cross right over left, touch left to side
3-4 Cross left over right, touch right to side
5-6 Cross right behind left, touch left to side
7-8 Cross left behind right, touch right to side

STOMP, HOLD, BALL STOMP, TOUCH TWICE

1-2 Stomp right forward, hold
&3-4 Step left together, stomp right forward, touch left together
5-6 Stomp left forward, hold
&7-8 Step right together, stomp left forward, touch right together

ROCK FORWARD, RECOVER, SHUFFLE ½ TURN TWICE, ROCK BACK, RECOVER

1-2 Rock right forward, recover to left
3&4 Shuffle turn $\frac{1}{2}$ right, right, left right
5&6 Shuffle turn $\frac{1}{2}$ right, left, right, left
7-8 Rock right back, recover to left

REPEAT

TAG: End of wall 2 facing back wall

SIDE TOUCH, TURN $\frac{1}{4}$ LEFT, TOUCH, STOMP, HEEL BOUNCES X 3 WITH $\frac{1}{4}$ TURN

1-2 Step right to side, touch left together
3-4 Turn $\frac{1}{4}$ left and step left forward, touch right together
5-8 Stomp right foot forward, bounce on heels turn $\frac{1}{4}$ left
