

# Sexy I Know It

拍數: 64      牆數: 4      級數: Easy Intermediate  
編舞者: Regina Cheung (CAN) - November 2011  
音樂: Sexy and I Know It - LMFAO



Intro: 32 counts

## Walk Walk, Out Out, In In, Kick Ball Change

1 2            Step right forward, Step left forward  
3 4            Step right out, Step left out (should width)  
5 6            Step right in, Step left next to right  
7&8           Kick right forward, step ball of right next to left, step left in place (12:00)

## Jazz Box 1/4 Turn Right, Bump & Bump, Bump & Bump

1 2            Cross right over left, Step left back  
3 4            Step right back for 1/4 turn right, Left cross over Right  
5&6           Touch Right Forward And Bump Forward, Back, Forward (Weight Ends On Right)  
7&8           Touch Left Forward And Bump Forward, Back Forward (Weight Ends On Left) (3:00)

## Paddle 1/4 Turn Left X 2, Cross Samba, Cross Samba

1 2            Step right forward making 1/4 turn to Left  
3 4            Step right forward making 1/4 turn to Left  
5&6           Cross step right over left. Rock out to left side on ball of left. Recover on right (Travelling Forward)  
7&8           Cross step left over right, Rock out to right side on ball of right, Recover on left (Travelling forward) (9:00)

## Kick & Touch, ¼ Turn Left Kick & Touch, Touch Front, Side, Toe Behind Unwind 1/2 Right

1&2           Kick right forward, Stepping right next to left, Touch left toe to left side  
3&4           1/4 Turn L kicking left forward, Step left next to right, Touch right toe to right side  
5 6            Touch right forward, Touch right to right side  
7&8            Touch right back, Unwind ½ turn right, take weight onto right (12:00)

## Pivot 1/4 Turn Right, Cross Shuffle, 1/2 Turn Right With Cross Shuffle, Side, Drag

1 2            Step left forward, Pivot 1/4 turn right  
3&4            Cross left over right, Step right to right side, Cross left over right  
5&6            Make a 1/2 turn right cross right over left, Step left to left side, Cross right over left  
7 8            Big left to left side, Drag right towards left (weight keeps on left) (9:00)

## Paddle 1/4 Turn Left X 2, Rock Out X 2

1 2            Step right forward making 1/4 turn to Left  
3 4            Step right forward making 1/4 turn to Left  
5 6            Rock right out to right side, step right next to left  
(bend right arm out like working exercise)  
7 8            Rock left out to left side, step left next to right  
(bend left arm out like working exercise) (3:00)

## Jazz Box, Bump & Bump, Bump & Bump,

1,2            Cross right over left, Step left back  
3,4            Step right next to left Left cross over Right  
5&6            Touch Right Forward And Bump Forward, Back, Forward (Weight Ends On Right)  
7&8            Touch Left Forward And Bump Forward, Back Forward (Weight Ends On Left) (3:00)

**(same as section 6) Paddle 1/4 Turn Left X 2, Rock Out X 2**

- 1 2 Step right forward making 1/4 turn to Left  
3 4 Step right forward making 1/4 turn to Left  
5 6 Rock right out to right side, step right next to left  
**(bend right arm out like working exercise)**  
7 8 Rock left out to left side, step left next to right  
**(bend left arm out like working exercise) (9:00)**

**Start Again**

**Easy Tag, all steps are mirror**

**TAG (32 counts) : End of Wall 4 (facing 12:00) -**

**Sec 1: Small wiggle steps to side X 2**

- 1 - 4 Small Steps to right with wiggles (both arms up)  
5 - 8 Small Steps to left with wiggles (both arms up)

**Sec 2: Side together side touch X 2**

- 1 - 4 Swivel Step Right to Right Side (body diagonal facing right), Step Left together (body facing front), Swivel Step Right to right Side, Touch Left next to right

**(turn both hands open fingers to right side OR roll fists to right)**

- 5 - 8 Swivel step left to left side (body diagonal facing right), Step right together (body facing front), Swivel step left to left side, Touch right next to left

**(turn both hands open fingers to left side OR roll fists to left)**

**Sec 3: Step Bounce Bounce Bounce X 2**

- 1 - 4 Step right to right side on sit position facing left diagonal, Bounce left 3 times  
5 - 8 Step left to left side on sit position facing right diagonal, Bounce right 3 times

**Sec 4: Forward 1/2 turn left X 2, Jazz Box**

- 1 - 4 Step right forward, pivot 1/2 turn left X 2 (total full turn)  
5 - 8 Cross right over left, Step left back, Step right next to left, Step left forward (12:00)

**Ta Da ..... happy sexy dancing**

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