

# Ready Steady Go

拍數: 64      牆數: 2      級數: Easy Intermediate  
編舞者: Gaye Teather (UK) - November 2011  
音樂: Ready to Fly - DJ Bobo : (CD: Fantasy)



(32 count intro from first heavy beat. Start just before main vocals)

## Full rolling turn Right (or vine). Touch. Side Left. Behind. Chasse Left

- 1 – 2      Quarter turn Right stepping forward on Right. Half turn Right stepping back on Left
- 3 – 4      Quarter turn Right stepping Right to Right side. Touch Left beside Right (Facing 12 o'clock)
- 5 – 6      Step Left to Left side. Cross Right behind Left
- 7&8      Step Left to Left side. Step Right beside Left. Step Left to Left side

**Note: Steps 1 – 4 can be replaced with a vine Right. Touch**

## Cross rock. Chasse Right. Weave Right x 4

- 1 – 2      Cross rock Right over Left. Recover onto Left
- 3&4      Step Right to Right side. Step Left beside Right. Step Right to Right side
- 5 – 8      Cross Left over Right. Step Right to Right side. Cross Left behind Right. Step Right to Right side

## Step. Pivot half turn Right. Shuffle. Rocking chair

- 1 – 2      Step forward on Left. Pivot half turn Right (Facing 6 o'clock)
- 3&4      Step forward on Left. Step Right beside Left. Step forward on Left
- 5 – 8      Rock forward on Right. Recover onto Left. Rock back on Right. Recover onto Left

**Note: Push hands forward and up on steps 5-6 and down on steps 7-8**

## Side Right. Together. Shuffle forward. Heel switches forward x 2. Tap x 3

- 1 – 2      Step Right to Right side. Step Left beside Right
- 3&4      Step forward on Right. Step Left beside Right. Step forward on Right
- 5&6&      Touch Left heel forward. Step Left beside Right. Touch Right heel forward. Step Right beside Left
- 7&8      Tap Left toe beside Right x 3

## Coaster step. Step. Pivot half turn Left. Shuffle forward. Step. Pivot quarter turn Right

- 1&2      Step back on Left. Step Right beside Left. Step forward on Left
- 3 – 4      Step forward on Right. Pivot half turn Left
- 5&6      Step forward on Right. Step Left beside Right. Step forward on Right
- 7 – 8      Step forward on Left. Pivot quarter turn Right (Facing 3 o'clock)

## Cross. Point. Point. Point. Jazz box quarter turn Right. Step

- 1 – 4      Cross Left over Right. Point Right to Right side. Point Right across Left. Point Right to Right side
- 5 – 6      Cross Right over Left. Step back on Left
- 7 – 8      Quarter turn Right stepping Right to Right side. Step Left beside Right

**\*Restart from beginning at this point during wall 5 (You will be facing 6 o'clock)**

## Forward rock. Triple full turn (or coaster). Forward rock. Coaster cross

- 1 – 2      Rock forward on Right. Recover onto Left
- 3&4      Triple full turn Right (on the spot) stepping Right. Left. Right

## Easier option: Right coaster step

- 5 – 6      Rock forward on Left. Recover onto Right
- 7&8      Step back on Left. Step Right beside Left. Cross Left over Right

**Side. Hold/shimmy. Together. Side. Touch. Full rolling turn Left. Touch**

1 – 2 Step Right to Right side. Hold (shimmy shoulders)

&3 – 4 Step Left beside Right. Step Right to Right side. Touch Left beside Right

5 – 6 Quarter turn Left stepping forward on Left. Half turn Left stepping back on Right

7 – 8 Quarter turn Left stepping Left to Left side. Touch Right beside Left (Facing 6 o'clock)

**Easier option for steps 5 – 8: Vine Left. Touch**

**Start again**

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